



basic education

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

# **D**IFFERENTIATED **N**ATIONAL **C**URRICULUM AND **A**SSESSMENT **P**OLICY **S**TATEMENT

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## **CONSUMER STUDIES NEEDLEWORK**

### **GRADE 4-5**

Differentiated CAPS

2017 Orientation

Grade 4-5

## **SECTION 2:**

### **INTRODUCTION TO CONSUMER STUDIES SEWING**

#### **2.1 What is Consumer Studies Sewing**

Consumer Studies Sewing is a craft that requires skilfull hands and individuals are afforded the opportunity to discover and develop their creative skills. The subject lays the foundation in the area of machine and hand sewing and individuals are equipped with knowledge and skills to be trained to use the relevant sewing materials, tools and equipment. Articles are made and repaired by stitching with a needle and thread or sewing machine. This subject has been designed to equip learners with basic sewing skills and an understanding of essential principles necessary to perform simple tasks in the clothing and interior industry.

The skills and the content embedded in the skills are taught over two years in Grade 4 with differentiation and three years in Grade 5 with differentiation. During each year in each grade all the topics are taught, and the teacher is allowed to adapt the difficulty level of the skills to the ability of the learner.

#### **2.2 Topics to be studied in sewing:**

- Machine and hand sewing
- Soft Furnishing and Upholstery
- Quilting and Embroidery
- Knitting and Crocheting
- The consumer
- Hygiene and Safety

#### **2.3 Specific Aims:**

In Consumer Studies Sewing the learner will acquire knowledge and skills to:

- Work in a neat and safe environment.
- Identify, use, clean and store tools and equipment.
- Identify different parts of the sewing machine and overlocker, their functions and trouble shooting.
- Interpreting commercial patterns.
- Plan different working procedures in completing articles
- Execute different stitches for a specific purpose.
- Complete quilting and appliqué articles.
- Knit articles.
- Deliver articles for small scale production.

## 2.4 Requirements for sewing as a subject

### 2.4.1 Time Allocation

The compulsory instructional time for the Vocational Learning Programme for learners with a severe intellectual disability amounts to 8 hours per 5-day cycle. Schools may offer either three (3) or four (4) vocational subjects, depending on the number of learners in the school and the resources available. The compulsory instructional time for **Consumer Studies Sewing** is either:

- 2 hours per 5-day cycle plus three (3) other vocational subjects or
- 2,5 hours per 5-day cycle plus two (2) other vocational subjects.

Twenty percent (20%) of the above mentioned time is utilized to teach subject content which should be embedded in teaching the learners to execute the skills. This implies that theoretical lessons should not be instructed in isolation, but during the teacher's demonstration that takes place before the learners practise the skills. The learners are required to utilize eighty percent (80%) of the time to practise the various skills in the classroom. **The Consumer Studies Sewing periods should preferably be divided into two (2) timeslots.**

The "Consumer" and "Hygiene and safety" topics are theoretical topics embedded in the practical tasks.

### 2.4.2 Resources

- Human Resources

An appropriately qualified teacher registered with SACE in line with the Collective Agreement 5 of 2001 is required to teach Consumer Studies Sewing

Consumer Studies Sewing teachers are required to:

- Teach the subject content with confidence and flair
- Interact with learners in a relaxed but firm manner
- Manage the sewing resourcing, budget & safety
- Manage the teaching environment
- Conduct stock taking and inventory
- Plan for theory lessons and conduct practical work
- Maintain and service the tools and machines
- Ensure learner safety
- Carry out School Based Assessment (SBA)
- Implement innovative methods to keep the subject interesting

- Be self-motivated to keep herself/himself abreast of the latest technological developments
- Regularly attend skills workshops

- Infrastructure

A classroom with 15 chairs and 15 individual tables (or 4 big tables) to seat 15 learners.

The number of learners in a sewing practical class should not exceed the teacher learner ratio of 1:15.

A large classroom with a storeroom and cupboards are required as tools and equipment should have sufficient storage space and a well-developed storage management system with an up to date inventory. Shelves should be clearly marked and storage areas defined.

Electricity supply and sufficient wall plugs are required. Lighting is also of importance.

Large tables for cutting and sewing are essential.

Chairs for all learners are needed.

Burglar bars on all windows and possibly an alarm system.

Seating arrangement is very important as it enhances the learning environment.

Ensure that the learning environment is conducive and as stimulating as possible.

Classroom organisation may vary according to circumstances. The circumstances may include available resources, space in the classroom, the environment, the number of learners.

#### 2.4.3 Infrastructure, equipment and finances

- Safety

Safety rules must be displayed on posters in the Consumer Studies Centre.

Potentially hazardous chemicals and all machinery and equipment must be stored securely.

- Consumables Resources

Consumer Studies Sewing is a subject that requires sustained support. It requires regular resourcing for the purpose of completion of practical work as well as maintenance.

Sewing equipment such as scissors, needles, pins, measuring tapes, marking pens, seam rippers, tracing wheels and paper, cotton, knitting needles and crocheting hooks etc. are needed

There must be fabric, patterns, haberdashery etc. for all learners.

- Non Consumables Resources

Two Irons and ironing boards are needed

At least 7 electrical sewing machines and one overlocker are required (two learners share one sewing machine and six learners share one overlocker)

- Finances

Sewing is a subject that requires sustained support and regular resourcing for the purpose of completing practical work, teaching and support materials, replenishing tools and equipment and to acquire consumable materials.

Maintenance of training equipment on a regular basis as well as provisioning for the inevitable failure of equipment should not be disregarded, and the school should have a plan in place to regularly phase out and replace obsolete equipment and tools.

An amount must be allocated per year per learner for practical tasks according to the budget presented to the School Governing Body

The budget should be revised each year according to the number of learners and the inflation rate.

Should the number of learners in the sewing class increase during the year, the budget must be adapted to make provision for the practical tasks for the additional learners.

## 2.5 Career opportunities

The learners are equipped with skills to attempt entrepreneurial opportunities or to work

- In industrial settings in cut and sew factories
- As an assistant tailor/seamstress/sewer or as an assistant to the mentioned occupations
- As an assistant upholster

### SECTION 3:

#### OVERVIEW OF TOPICS PER TERM AND ANNUAL TEACHING PLANS

Each week has a compulsory contact time of 2 or 2,5 hours (depending on the number of vocational subjects offered at the school) for the subject **Consumer Studies Sewing**.

##### 3.1 Content overview of topics

The content is embedded in the skills and the learners should execute the skills in a simulated working environment recreated in the classroom/centre. The table below indicates the topics and content in the **Consumer Studies Sewing** learning programme in Grade 4 and 5 with differentiation

## Content overview of topics

TOPIC	GRADE 4 WITH DIFFERENTIATION	GRADE 5 WITH DIFFERENTIATION
<b>Consumer</b>	<u>Term 1</u> <ul style="list-style-type: none"> <li>Describe a consumer</li> </ul>	<u>Term 1</u> <ul style="list-style-type: none"> <li>Describe a consumer</li> <li>List and explain consumer rights</li> <li>Understand and apply information on clothing labels</li> </ul>
	<u>Term 2</u> <ul style="list-style-type: none"> <li>List good buying habits</li> </ul>	<u>Term 2</u> <ul style="list-style-type: none"> <li>List factors that influence our buying behaviour</li> </ul>
	<u>Term 3</u> <ul style="list-style-type: none"> <li>Provide examples of different types of shopping outlets in South Africa</li> </ul>	<u>Term 3</u> <ul style="list-style-type: none"> <li>Analyse shopping outlets in your area</li> </ul>
	<u>Term 4</u> <ul style="list-style-type: none"> <li>Discuss how the packaging of a product influences the selling thereof</li> <li>List the guidelines to purchase readymade clothes</li> </ul>	<u>Term 4</u> <ul style="list-style-type: none"> <li>Describe the factors that influence the clothing choices of young adults</li> <li>Identify, discuss and describe wardrobe planning</li> </ul>
<b>Hygiene &amp; Safety</b>	<u>Term 1</u> <ul style="list-style-type: none"> <li>Identify and use electric iron</li> <li>Practise electrical safety</li> <li>Practise personal hygiene</li> </ul>	<u>Term 1</u> <ul style="list-style-type: none"> <li>State the dangers of electricity</li> <li>Explain how to extinguish an electrical fire</li> </ul>
	<u>Term 2</u> <ul style="list-style-type: none"> <li>Discuss safety guidelines during ironing and pressing</li> </ul>	<u>Term 2</u> <ul style="list-style-type: none"> <li>Discuss safety guidelines during ironing and pressing</li> </ul>
	<u>Term 3</u> <ul style="list-style-type: none"> <li>Discuss how to treat a burn caused by a hot iron</li> </ul>	<u>Term 3</u> <ul style="list-style-type: none"> <li>Discuss the importance of ironing while constructing an article</li> </ul>
	<u>Term 4</u>	<u>Term 4</u>

	<ul style="list-style-type: none"> <li>Discuss the importance of good personal hygiene during adulthood</li> </ul>	<ul style="list-style-type: none"> <li>Identify different types hand wash and machine wash washing powders</li> <li>Use the correct technique to wash clothes by hand</li> </ul>												
<b>Machine and hand sewing</b>	<p><u>Term 1</u></p> <ul style="list-style-type: none"> <li>Identify and practise with equipment and materials – sewing and knitting</li> <li>Identify parts of sewing machine</li> <li>Thread a sewing machine</li> <li>Describe how to care for sewing machine</li> <li>Operate the different parts of sewing machine</li> <li>Identify and sew the following stitches:</li> </ul> <table border="1"> <tr> <td>overhand/whip stitch</td><td>tacking stitch</td><td>top stitch</td></tr> <tr> <td>zig-zag</td><td></td><td></td></tr> </table> <ul style="list-style-type: none"> <li>Identify and sew single seam</li> <li>Identify natural fibres and fabrics</li> <li>Find and interpret information on commercial patterns and instruction sheets</li> <li>Lay out patterns, pin and cut fabric</li> </ul>	overhand/whip stitch	tacking stitch	top stitch	zig-zag			<p><u>Term 1</u></p> <ul style="list-style-type: none"> <li>Identify and practise with more advanced equipment and materials – sewing and knitting</li> <li>Identify parts of an overlocker</li> <li>Thread a sewing machine as well as overlocker</li> <li>Describe how to care for an overlocker</li> <li>Operate the different parts of an overlocker</li> <li>Identify and sew the following stitches:</li> </ul> <table border="1"> <tr> <td>overhand/whip stitch</td><td>tacking stitch</td><td>top stitch</td></tr> <tr> <td>overlocker</td><td>backstitch</td><td></td></tr> </table> <ul style="list-style-type: none"> <li>Identify and sew the following seams: single open seam      French seam      closed seam</li> <li>Identify and sew a rolled hem</li> <li>Identify wool</li> <li>Identify synthetic fabrics, leather and leather substitutes</li> <li>Identify piling and discuss reasons</li> <li>Find, interpret and apply information on commercial patterns and instruction sheets</li> <li>Lay out patterns, pin and cut fabric</li> </ul>	overhand/whip stitch	tacking stitch	top stitch	overlocker	backstitch	
overhand/whip stitch	tacking stitch	top stitch												
zig-zag														
overhand/whip stitch	tacking stitch	top stitch												
overlocker	backstitch													



	<ul style="list-style-type: none"><li>Identify creases and test for crease resistance</li><li>Clip convex and concave curved seams</li><li>Identify suitable packaging material for needlework articles</li></ul>	<ul style="list-style-type: none"><li>Discuss the requirements for quality products</li><li>Clip convex and concave curved seams</li><li>Identify and describe suitable packaging material for needlework articles</li></ul>															
	<p><u>Term 2</u></p> <ul style="list-style-type: none"><li>Identify and discuss household articles produced by sewing</li><li>Identify and sew a single and double hem</li><li>Identify and describe pattern markings</li><li>Identify and sew the following stitches:</li></ul> <table><tr><td>overhand/whip stitch</td><td>tacking stitch</td><td>top stitch</td></tr><tr><td>zig-zag</td><td>backstitch</td><td></td></tr></table> <ul style="list-style-type: none"><li>Sew the following seam finishes:</li></ul> <table><tr><td>zig-zag</td></tr></table> <ul style="list-style-type: none"><li>Identify and use different types of batting</li><li>Identify different types of Vilene and use Vilene</li><li>Trim corners and excess fabric</li><li>Identify and name commercially available embellishments</li><li>Lay out patterns, pin and cut fabric</li><li>Find and interpret information on commercial patterns and instruction sheets</li></ul>	overhand/whip stitch	tacking stitch	top stitch	zig-zag	backstitch		zig-zag	<p><u>Term 2</u></p> <ul style="list-style-type: none"><li>Identify, discuss and give examples of household articles produced by sewing</li><li>Identify and describe pattern markings</li><li>Identify and sew the following stitches:</li></ul> <table><tr><td>overhand/whip stitch</td><td>tacking stitch</td><td>top stitch</td></tr><tr><td>zig-zag</td><td>backstitch</td><td>satin stitch</td></tr></table> <ul style="list-style-type: none"><li>Sew the following seam finishes:</li></ul> <table><tr><td>overlocker</td><td>bias binding</td></tr></table> <ul style="list-style-type: none"><li>Identify and use different types of batting</li><li>Identify different types of Vilene, use Vilene &amp; list functions</li><li>Trim corners and excess fabric</li><li>Lay out patterns, pin and cut fabric</li><li>Find, interpret and apply information on commercial patterns and instruction sheets</li><li>Discuss how to cut bias binding at home and state functions</li></ul>	overhand/whip stitch	tacking stitch	top stitch	zig-zag	backstitch	satin stitch	overlocker	bias binding
overhand/whip stitch	tacking stitch	top stitch															
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overlocker	bias binding																

	<ul style="list-style-type: none"><li>Package completed articles</li></ul>	<ul style="list-style-type: none"><li>Appliqué motifs on fabric</li><li>Sew a casing</li><li>Sew lining to main fabric</li><li>Identify and sew the following seams:<table><tr><td>Closed seam with overlocker</td><td>French seam with overlocker</td><td>Open seam</td></tr></table></li><li>Package completed articles</li></ul>	Closed seam with overlocker	French seam with overlocker	Open seam													
Closed seam with overlocker	French seam with overlocker	Open seam																
	<p><u>Term 3</u></p> <ul style="list-style-type: none"><li>Lay out patterns, pin and cut fabric</li><li>Identify and sew the following seams:<table><tr><td>straight seam</td><td>curved seam</td></tr></table></li><li>Identify and sew the following stitches:<table><tr><td>overhand/whip stitch</td><td>tacking stitch</td><td>top stitch</td></tr><tr><td>zig-zag</td><td>backstitch</td><td></td></tr></table></li><li>Identify and sew the following seams with seam finishes: open seam with straight stitching closed seam with bias binding open seam with zig-zag finish</li><li>Identify and use different sizes machine and hand sewing needles</li><li>Snip corners and reduce bulkiness</li><li>Sew straight double hem</li><li>Lay out patterns, pin and cut fabric</li></ul>	straight seam	curved seam	overhand/whip stitch	tacking stitch	top stitch	zig-zag	backstitch		<p><u>Term 3</u></p> <ul style="list-style-type: none"><li>Lay out patterns, pin and cut fabric</li><li>Identify and sew the following seams:<table><tr><td>straight seam</td><td>curved seam</td></tr></table></li><li>Identify and sew the following stitches:<table><tr><td>overhand/whip stitch</td><td>tacking stitch</td><td>top stitch</td></tr><tr><td>zig-zag</td><td>backstitch</td><td>satin</td></tr></table></li><li>Identify and sew the following seams with seam finishes: open seam with straight stitching closed seam with bias binding open seam with overlocking finish</li><li>Snip corners and reduce bulkiness</li><li>Explain what will happen if curved seams are not clipped</li><li>Lay out patterns, pin and cut fabric</li></ul>	straight seam	curved seam	overhand/whip stitch	tacking stitch	top stitch	zig-zag	backstitch	satin
straight seam	curved seam																	
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	<ul style="list-style-type: none"> <li>Identify and practise correct sewing machine tension</li> <li>Identify and name different types of fasteners</li> </ul>	<ul style="list-style-type: none"> <li>Identify and practise correct sewing overlocker tension</li> <li>Identify and name different types of fasteners and their application in sewing</li> <li>Explain what is meant with the pile of fabric and provide examples of pile fabrics</li> </ul>
	<u>Term 4</u> <ul style="list-style-type: none"> <li>List guidelines to purchase a bag and readymade clothes</li> <li>Lay out patterns, pin and cut fabric</li> <li>Sew stitches, seams and seam finishes as in previous term</li> <li>Sew a single and double hem</li> <li>Sew and insert bag handles</li> <li>Iron and package completed articles</li> <li>Identify different apron styles</li> <li>Identify and describe characteristics of a well-planned wardrobe</li> <li>Iron and package the completed product</li> </ul>	<u>Term 4</u> <ul style="list-style-type: none"> <li>Identify different types of bags, suitable fabric to sew bags and steps to produce a bag</li> <li>Lay out patterns, pin and cut fabric</li> <li>Sew stitches, seams and seam finishes as in previous term</li> <li>Sew a double hem with blind hem stitch</li> <li>Identify alternative materials to use as bag handles, sew and insert</li> <li>Sew lining to main fabric and discuss functions of lining</li> <li>Identify and sew blind hem stitch</li> </ul>
<b>Soft Furnishing and Upholstery</b>	<u>Term 2</u> <ul style="list-style-type: none"> <li>Discuss and sew potholders and placemats</li> </ul>	<u>Term 2</u> <ul style="list-style-type: none"> <li>Discuss and sew potholder, oven gloves, pen holder, nesting boxes and covered basket</li> <li>Arrange fabric and batting layers correctly and quilt with the sewing machine</li> </ul>

		<ul style="list-style-type: none"> <li>Discuss and sew household storage items</li> </ul>
	<u>Term 3</u> <ul style="list-style-type: none"> <li>Understand terminology and identify articles</li> <li>Lay out, pin, cut and sew doorstopper, pillow case and cushions</li> <li>Maintain and care for cushions</li> <li>Discuss filling material for soft furnishing articles</li> </ul>	<u>Term 3</u> <ul style="list-style-type: none"> <li>Understand and explain the terminology: soft furnishing</li> <li>Lay out, pin, cut and sew bolster cushion and toys</li> <li>Discuss how to maintain and care for cushions and soft toys</li> <li>Discuss filling material and how to stuff soft furnishing articles</li> </ul>
<b>Quilting and Embroidery</b>	<u>Term 2</u>	<u>Term 2</u> <ul style="list-style-type: none"> <li>Layout, cut, quilt and sew a potholder, oven mittens and oven gloves</li> <li>Layout, cut, quilt and sew a pen holder</li> </ul>
	<u>Term 3</u>	<u>Term 3</u> <ul style="list-style-type: none"> <li>Hand stitch facial details on stuffed toys</li> </ul>
<b>Knitting and Crocheting</b>	<u>Term 1</u> <ul style="list-style-type: none"> <li>Cast on stitches</li> <li>Knit garter stitch and stocking stitch</li> </ul>	<u>Term 1</u> <ul style="list-style-type: none"> <li>Cast on stitches</li> <li>Knit garter stitch</li> </ul>
	<u>Term 2</u> <ul style="list-style-type: none"> <li>Knit garter stitch and stocking stitch</li> <li>Cast off stitches</li> <li>Weave knitted article pieces together</li> </ul>	<u>Term 2</u> <ul style="list-style-type: none"> <li>Knit garter stitch and stocking stitch</li> <li>Cast off stitches</li> <li>Weave knitted article pieces together</li> <li>Identify commercial knitting pattern</li> </ul>
	<u>Term 3</u> <ul style="list-style-type: none"> <li>Knit garter stitch and stocking stitch</li> </ul>	<u>Term 3</u> <ul style="list-style-type: none"> <li>Knit garter stitch, stocking stitch, ribbing and moss stitch</li> </ul>
	<u>Term 4</u>	<u>Term 4</u>

	<ul style="list-style-type: none"> <li>• Knit garter stitch and stocking stitch</li> <li>• Cast off stitches</li> <li>• Weave knitted article pieces together</li> </ul>	<ul style="list-style-type: none"> <li>• Knit garter stitch, stocking stitch, ribbing and moss stitch</li> <li>• Cast off stitches</li> <li>• Weave knitted article pieces together</li> </ul>
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### 3.2 Content overview of practical lessons / tasks

The theory is embedded in the practical tasks in Consumer Studies. Omitting one or more of the practical tasks implies that learners are deprived of the full learning programme. The learners spend two years in Grade 4 with differentiation and three years in Grade 5 with differentiation. Learners should practise more advanced skills during the second year in Grade 4 with differentiation, thus not repeat the same articles again. This principle also applies to Grade 5 with differentiation. More advanced articles should be completed during the second and third years in Grade 5 with differentiation. Depending on the size of the school, this may result in learners being in Grade 4 for the first as well as the second year in one class. The teacher should ensure that these learners sew different articles as indicated in the table below. Teachers may choose similar or more advanced patterns, according to current trends.

## Overview of practical articles

First term – Learners sew one articles, and start with knitting article (refer to second last row in this table)				
Grade 4 1 <sup>st</sup> year	Grade 4 2 <sup>nd</sup> year	Grade 5 1 <sup>st</sup> year	Grade 5 2 <sup>nd</sup> year	Grade 5 3 <sup>rd</sup> year
Double sided cotton head band with elastic  ADDENDUM 1 B	Head band made with stretch fabric  ADDENDUM 2	Infinity scarf  ADDENDUM 3	Baby bib  ADDENDUM 4	Slippers  ADDENDUM 5
Second term - Learners sew 2 articles and continue with knitting article started during the first term				
Napkins  ADDENDUM 6	Pot holder  ADDENDUM 7	Pot holder  ADDENDUM 8	Oven mitten  ADDENDUM 9	Oven glove  ADDENDUM 10
Party banner  ADDENDUM 11	Double sided placemat  ADDENDUM 12	School house pen holder  ADDENDUM 13	Nesting boxes  ADDENDUM 14	Fabric covered basket  ADDENDUM 15

Third term – Learners sew two articles (select one article from each row) and commence with second knitting article – last row in this column

Door stopper



ADDENDUM 16

Cushion cover



ADDENDUM 17

Shaped cushion



ADDENDUM 18

Easy stuffed toy



ADDENDUM 19

Stuffed toy with limited hand embroidery



ADDENDUM 20

Pillow case



ADDENDUM 21

Cushion with insert



ADDENDUM 22

Shaped cushion



ADDENDUM 23

Easy stuffed toy



ADDENDUM 24

Stuffed toy with limited hand embroidery



ADDENDUM 25



<p>Criss cross card holder</p>  <p>ADDENDUM 26</p>	<p>Accessory bag with bias binding</p>  <p>ADDENDUM 27</p>	<p>Lace zippered case</p>  <p>ADDENDUM 29</p>	<p>Cosmetics bag</p>  <p>ADDENDUM 30</p>	<p>Zippered case</p>  <p>ADDENDUM 28</p>
Fourth term – Learners sew 2 articles and complete knitted article				
<p>Simple bag</p>  <p>ADDENDUM 31</p>	<p>Bag</p>  <p>ADDENDUM 32</p>	<p>Lined bag with handles and base</p>  <p>ADDENDUM 33</p>	<p>Hand bag</p>  <p>ADDENDUM 34</p>	<p>Hand bag</p>  <p>ADDENDUM 35</p>
<p>Hobby apron</p>  <p>ADDENDUM 36</p>	<p>Shaped apron</p>  <p>ADDENDUM 37</p>	<p>Skirt with elastic</p>  <p>ADDENDUM 38</p>	<p>A line skirt</p>  <p>ADDENDUM 39</p>	<p>Skirt</p>  <p>ADDENDUM 40</p>
Two knitted articles should be completed during each grade each year. The knitted articles may be replaced by crocheting articles, depending on the resources.				
Knitted squares - garter stitch	Coffee cosy - garter stitch	Baby booties	Gloves	Clothing article - decreasing stitches



				
ADDENDUM 41	ADDENDUM 42	ADDENDUM 43	ADDENDUM 44	ADDENDUM 45
Bangles	Knitted head band - garter	Card holder	Hat	Slippers
				
ADDENDUM 46	ADDENDUM 47	ADDENDUM 48	ADDENDUM 49	

The above mentioned images show suggested articles and the teacher may substitute these provided that:

- Two sewing articles are produced during the second and fourth term
- Three sewing articles are produced during the third term
- The skills in the substitute articles are similar to the skills in the suggested articles

The addenda serves to assist the teacher in providing the pattern as well as a tutorial with images, indicating the detailed steps to follow. The teacher may adapt the pattern instructions to suit the needs of a particular learner.

### 3.3 Content outline per term

The content is embedded in the skills and the learners should execute the skills in a simulated working environment re-created in the classroom.

#### Teaching plans

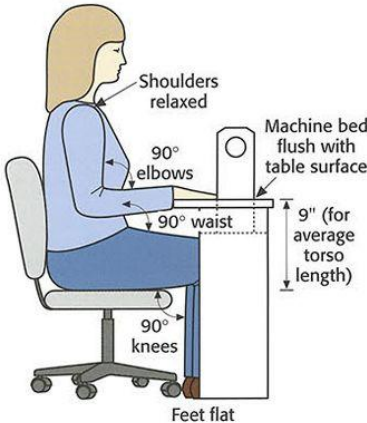
Each term comprises of ten (10) weeks and a minimum of nine (9) **practical sessions** are compulsory. The sequence within the term is not compulsory and the teacher may cover the learning content and skills in any appropriate sequence. Learners spend two years in Grade 4 with differentiation, and therefore different **articles** are suggested to allow the learners to perform the second suggested **article** during their second year in Grade 4. It is not advisable to repeat the same **articles** more than once as this will not provide the learner the opportunity of learn additional skills.

The Occupational Health and Safety (OHS) Act 85 of 1993 requires the teacher to comply with the safety regulations when issuing equipment and tools to the learners and the teacher may not leave learners unattended during Consumer Studies Sewing instructional time. A group discussion on the safety precautions that must be followed during all the instructional time is compulsory. Learners with severe intellectual disability are not always able to make abstract judgements, and they are often not able to apply learned knowledge from one topic to the next. Impulsive behaviour as well as the inability to make fast decisions can easily lead to learners finding themselves in, or being exposed to, dangerous situations.



#### Grade 4 with differentiation Term 1

Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
1	The consumer	<ul style="list-style-type: none"><li>Understand the concept of Consumer Studies needlework</li><li>List suggestions for classroom rules and repeat</li></ul>	<b>Grade 4 with differentiation first year as well as second year:</b> Learner activities: <ul style="list-style-type: none"><li>List suggestions for classroom rules</li><li>Repeat the rules with prompting</li><li>Role play to wash and dry hands</li></ul>

Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
	Machine and hand sewing	rules with prompting <ul style="list-style-type: none"> <li>Understand the concept: Consumer</li> <li>Identify the following equipment:               <ul style="list-style-type: none"> <li>Tape measure</li> <li>Dressmaker's scissors</li> <li>Pins and pin cushion</li> <li>Sewing thread</li> <li>Sewing needles – hand</li> <li>Machine sewing needles</li> <li>Sewing machine</li> </ul> </li> </ul>	The teacher: <ul style="list-style-type: none"> <li>Provides the learners with either flip files or files with plastic sleeves (or books) to file their samplers. The files are kept at school.</li> <li>Orientates the learners towards:               <ul style="list-style-type: none"> <li>the classroom layout</li> <li>their individual work spaces</li> <li>the articles that they will sew during the year by showing examples of completed articles</li> <li>the articles that they will knit and crochet during the year by showing examples of completed articles</li> </ul> </li> </ul>
	Hygiene and safety	Electric iron Ironing board <ul style="list-style-type: none"> <li>Understand the concept of personal hygiene</li> <li>Conform to personal hygiene practises in the Consumer Studies Needlework centre</li> <li>Understand the danger of using electric wall plugs</li> <li>Demonstrate how to plug</li> </ul>	The teacher: <ul style="list-style-type: none"> <li>Demonstrates how to safely handle the following equipment: Tape measure, dressmaker's scissors, pins and pin cushion and sewing needles</li> <li>Demonstrate how to plug and unplug an iron</li> <li>Allocates working spaces to each learner</li> </ul> The learners: <ul style="list-style-type: none"> <li>Practise to wash and dry their hands</li> <li>Practise to safely handle the mentioned equipment</li> <li>Practise to plug and unplug an electric iron</li> </ul>


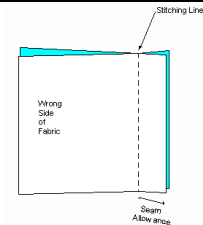
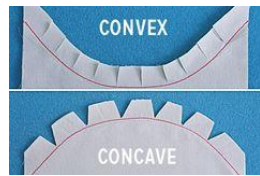

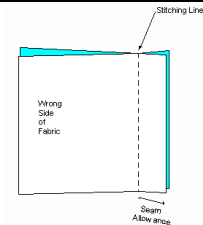
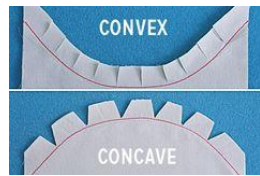

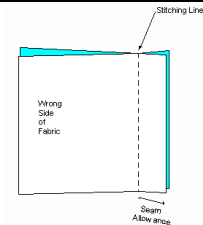
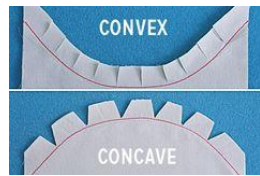
Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
		and unplug electric equipment e.g. sewing machine and iron	
2 -3	Machine sewing	<ul style="list-style-type: none"> <li>Practise correct posture in front of sewing machine</li> <li>Describe the primary function of a sewing machine</li> <li>Identify the parts of a sewing machine, namely the sewing light spool pin bobbin and bobbin case bobbin winder thread guides needle bar and needle pressure foot feeder plate seam guide stitch length control foot holder foot</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher demonstrates:</p> <ul style="list-style-type: none"> <li>how to cover and uncover the sewing machine before and after use</li> <li>the posture in front of a sewing machine</li> </ul> <p>The teacher:</p> <ul style="list-style-type: none"> <li>identifies and names the parts of a sewing machine</li> <li>stitches on paper to demonstrate the foot mechanism and hand positions during sewing (ADDENDUM 1B)</li> <li>demonstrates how to hold the needles and yarn</li> <li>knits garter stitch (use a pair of knitting needles with 10 stitches cast on before the demonstration)</li> </ul> <p>The teacher divides the class into two groups:</p> <p><b>Grade 4 with differentiation first year</b></p> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Practise the correct posture in front of a sewing machine</li> <li>Practise to sew on paper – grade exercises from easy to difficult</li> </ul>
	Knitting	<ul style="list-style-type: none"> <li>Identify equipment to knit with, namely</li> </ul>	

Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
		<div>knitting needles</div> <div>row counter</div> <div>tapestry needle</div> <div><div><div></div></div><div>Identify material to knit with, namely:</div><div>4 ply yarn</div><div>bulky yarn</div></div> <div><div><div></div></div><div>Describe the difference in various knitting material</div></div>	<div>Group 2 learners:</div> <div><div><div></div></div><div>practise to knit garter stitch and knit a square. The teacher provides each learner with a pair of knitting needles with 10 stitches already cast on. The square is filed in the learners' sampler files</div></div> <div>After 45 minutes the groups rotate and the teacher repeats the knitting demonstration to group 1.</div> <div>Group 1 practises to knit while group 2 completes sewing exercises on paper</div> <div><b>Grade 4 with differentiation second year:</b></div> <div>Group 1 learners:</div> <div><div><div></div></div><div>Practise to sew on paper – exercises should be more difficult than the first year and include many curves (ADDENDUM 1 B)</div></div> <div>Group 2 learners:</div> <div><div><div></div></div><div>Cast stitches on and commence with knitting their coffee cosies. This project will continue and be completed by the end of the second term.</div></div>
			<div>Grade 4 with differentiation first year</div> <div>Grade 4 with differentiation second year</div>

Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<div>   </div> <p>After 45 minutes the groups rotate to ensure that both groups sew on paper and knit.</p> <p>The sewing machine exercises are filed in the learners' sampler files.</p>
4	Machine sewing	<ul style="list-style-type: none"> <li>• Locate an image in the sewing machine's manual that illustrates how to thread the sewing machine</li> <li>• Thread the sewing machine's upper thread</li> <li>• Describe how to care for the sewing machine</li> <li>• Handle the sewing machine with care</li> <li>• Dust the sewing machine</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>• Demonstrates how to thread the upper thread in a sewing machine</li> <li>• Demonstrates how to sew with thread on a sampler</li> <li>• Shows the learners how to cover and uncover the sewing machines</li> <li>• Demonstrates how to dust the sewing machine</li> </ul> <p><b>Grade 4 with differentiation first year:</b></p> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Practise to thread the upper thread of a sewing machine with the assistance of the teacher</li> <li>• Practise to sew with thread on a sampler</li> </ul>







Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
		before and after use	<p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit garter stitch with the teacher's assistance</li> </ul> <p>After 45 minutes the groups rotate and group 1 continues to knit while group 2 practises to thread a sewing machine and sew straight lines on a cotton fabric sampler with the assistance of the teacher. The learners complete their garter stitch squares, however the teacher ends the squares off. The learners file their garter stitch squares in their sampler files.</p> <p><b>Grade 4 with differentiation second year:</b></p> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Practise to independently thread the upper thread of a sewing machine</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit the coffee cosies</li> </ul> <p>After 45 minutes the groups rotate to ensure that both groups sew as well as knit.</p>
5	Machine sewing	<ul style="list-style-type: none"> <li>Wind a spool</li> <li>Insert the bobbin in the bobbin case</li> <li>Thread lower thread of the machine</li> <li>Insert a needle</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>wind a spool</li> <li>insert the bobbin in the bobbin case</li> <li>sew with thread on a sampler (100mm X 100mm) and use the seam guide when sewing</li> <li>insert a needle and different sewing machine feet</li> </ul>



Grade 4 with differentiation Term 1									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
	Knitting	<ul style="list-style-type: none"><li>Identify different types of sewing machine feet</li><li>Insert different sewing machine feet</li><li>Identify one hand stitch, namely tacking stitch</li><li>Identify a single seam</li><li>Identify a curved seam</li><li>Use the seam guide</li><li>Identify non-stretch and stretch fabric</li><li>Cast on stitches to knit</li></ul>	<ul style="list-style-type: none"><li>sew tacking stitch evenly</li><li>sew a single straight and curved seam on cotton fabric</li></ul> <table><tr><td>Tacking stitch</td><td>Single straight seam</td><td>Convex and concave single seam</td></tr><tr><td></td><td></td><td></td></tr></table> <p><b>Grade 4 with differentiation first year:</b></p> <p>Group 1 learners:</p> <ul style="list-style-type: none"><li>With the assistance of the teacher practise to insert the bobbin in the bobbin case with</li><li>Practise to sew straight with thread on a sampler using the seam guide when sewing</li><li>Sew a single straight seam sampler on cotton fabric with the sewing machine</li><li>Sew a single convex and concaved curved seam sampler on cotton fabric with the sewing machine</li></ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"><li>With the teacher's assistance practise to cast on stitches. The learners start to knit squares.</li></ul>	Tacking stitch	Single straight seam	Convex and concave single seam			
Tacking stitch		Single straight seam	Convex and concave single seam						
									

Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<p>Learners that master the skill quickly may attach the squares and knit a blanket. They continue to knit squares until the end of the second term.</p> <p><b>Grade 4 with differentiation second year:</b></p> <ul style="list-style-type: none"> <li>• sew a single straight seam sampler on stretch fabric</li> <li>• sew a single curved seam sampler on stretch fabric</li> <li>• assist the teacher with the first year learners to acquire the skills</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>• Practise to cast on stitches to knit their coffee cosies. They continue to knit their coffee cosies until the end of the second term.</li> </ul> <p>After 45 minutes the groups rotate to ensure that both groups sew and knit. Both samplers are filed in the learners' sampler files.</p>
6	Machine sewing	<ul style="list-style-type: none"> <li>• Understand the terminology: natural fibres and fabrics</li> <li>• Identify cotton fabric</li> <li>• Distinguish between the right and wrong side of fabric</li> <li>• Identify the selvage edge of fabric</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>• Shows the learners different cotton fabric colour and prints</li> <li>• Demonstrates how to test for cotton fabric, namely to burn the fabric with a match and a yellow flame which results in a yellow flame</li> <li>• Shows the learners the difference between the right and the wrong side of cotton fabric</li> <li>• Shows the learners three or four commercial patterns</li> </ul>

Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
	Knitting	<ul style="list-style-type: none"> <li>Identify the raw edges of fabric</li> <li>Describe a commercial sewing pattern is</li> <li>Interpret the information on a pattern envelope, e.g. picture of the article number of pattern pattern sizes suggested fabric amount of fabric</li> <li>Identify the correct garter stitch tension</li> </ul>	<ul style="list-style-type: none"> <li>Points out that a picture of the article, the number of the pattern and the sizes available appear on the front of the envelope</li> <li>Shows the learners that on the back of the pattern a diagram of the back of the article appears, as well as the suggested fabric and the amount of fabric that will be needed</li> </ul> <p><b>Grade 4 with differentiation first year:</b> Group 1 and 2 learners:</p> <ul style="list-style-type: none"> <li>Execute the cotton fabric experiment in small groups of 2 learners and file the results in sampler files</li> <li>Practise to distinguish between the right and wrong side of a variety of cotton fabrics</li> <li>Identify the pattern number and sizes available on the pattern envelope</li> <li>Show where the information on the back of the pattern envelope appears, namely the suggested fabric and amount of fabric required</li> <li>Continue to knit garter stitch squares</li> <li>Compare knitting to friends knitting to see the differences in tension</li> </ul> <p><b>Grade 4 with differentiation second year:</b> Group 1 and 2 learners: These learners practise similar skills to the first year learners and may assist the teacher with the first year learners to acquire the skills. They continue to knit their coffee cosies</p>
7	Machine sewing	<ul style="list-style-type: none"> <li>Describe how to lay out a pattern</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b> The teacher:</p>

Grade 4 with differentiation Term 1									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
		<ul style="list-style-type: none"><li>Pin pattern pieces perpendicular to seam line</li><li>Cut pattern pieces on cutting line</li><li>Understand the information on pattern pieces, e.g. place on fold pattern piece numbers</li><li>Understand a simple instruction sheet, e.g. follow step numbers on instruction sheet from top to bottom and then left to right make clips in fabric right and wrong side view of fabric on instruction sheet sew one pattern piece to another</li></ul>	<ul style="list-style-type: none"><li>Explains the cutting line, name of the pattern piece, seamline, direction of cutting and sewing, fabric line and “on fold” information on the pattern pieces</li><li>Shows the learners that a suggested cutting layout appears on the pattern instruction sheet, as well as a step by step guide to sew the pattern pieces</li><li>Demonstrates how to place the pattern pieces on the fabric, pin the pattern pieces and cut the pieces out (ADDENDUM 1 &amp; 2)</li></ul> <table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 1</td><td>ADDENDUM 2</td></tr></table> <p><b>Grade 4 with differentiation first year:</b> Group 1 and 2 learners:</p> <ul style="list-style-type: none"><li>Lay out and pin pattern pieces with the assistance of the teacher, however the teacher cuts out the pattern pieces</li></ul>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 1	ADDENDUM 2
Grade 4 with differentiation first year	Grade 4 with differentiation second year								
									
ADDENDUM 1	ADDENDUM 2								

Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<p><b>Grade 4 with differentiation second year:</b></p> <p>Group 1 and 2 learners:</p> <ul style="list-style-type: none"> <li>• Use stretch cotton fabric</li> <li>• With the assistance of the teacher lay out and pin pattern pieces</li> <li>• Cut the pattern pieces out</li> </ul> <p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>Group 1 learners sew the head band while group 2 learners continue to knit garter stitch. After 45 minutes the groups rotate.</p>
8-9	Machine sewing Fibres and fabrics	<ul style="list-style-type: none"> <li>• Identify overhand stitch</li> <li>• Sew overhand stitch</li> <li>• Describe one function of overhand stitch</li> <li>• Identify different elastic widths</li> <li>• Identify and know how to test for crease resistance</li> <li>• Describe the words: crease resistance</li> <li>• Describe the difference between overhand and tacking stitch</li> </ul>	<p><b>Grade 4 with differentiation first and second year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>• Demonstrates how to test fabric for crease resistance by cruching the fabric</li> <li>• Demonstrates how to sew the head band and turn the head band right side out</li> <li>• Shows examples of different colour and widths of elastic</li> <li>• Demonstrates with overhand stitch how to stitch the opening after the elastic has been inserted</li> <li>• Demonstrates how to iron the cotton head band</li> </ul> <div data-bbox="1317 1050 1682 1201" data-label="Image"> <p>Overhand stitch / whip stitch</p> </div> <p>Group 1 learners sew their head bands while group 2 learners continue to knit garter stitch. After 45 minutes the groups rotate until both groups have completed their head bands</p>

Grade 4 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<b>Grade 4 with differentiation second year:</b> Group 1 learners sew the head band while group 2 learners continue to knit garter stitch. After 45 minutes the groups rotate.
10			

#### Grade 4 Term 1 Assessment

Assessment is formally recorded during four (4) practical sessions with a minimum of four (4) skills reported. Learners, regardless of abilities, shall be assessed on the same skill. The following serves as suggestion of skills to record and report on.

	Grade 4 with differentiation first year	Grade 4 with differentiation second year
Week 2:	Practise the correct posture in front of a sewing machine	Names the parts of a sewing machine
Week 3:	Identify tools and materials to knit	Cast on stitches to knit garter stitch
Week 4:	Dust and clean the sewing machine	Thread the sewing machine's upper thread correctly
Week 5:	Sew tacking stitch evenly  Sew a single straight seam on the sewing machine	Thread the sewing machine's lower thread correctly  Sew a single curved seam on the sewing machine
Week 6:	Distinguish between the right and wrong side of fabric	Knit garter stitch with even tension
Week 7:	Pin pattern pieces perpendicular to seam line	Cut pattern pieces on cutting line
Week 8:	Test fabric for crease resistance	Iron fabric safely
Week 9:	Sew cotton headband according to pattern instructions	Sew headband with stretch according to pattern instructions







Four theoretical activities are assessed and recorded, however, a minimum of 1 theoretical activity is reported on. The following serves as suggestions of theoretical activities to report on.

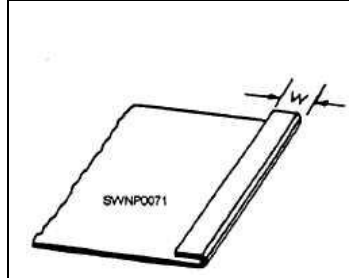
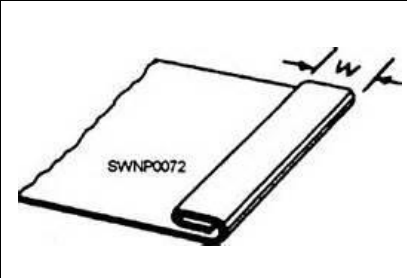
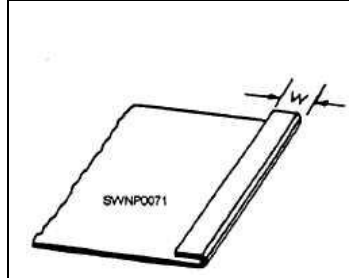
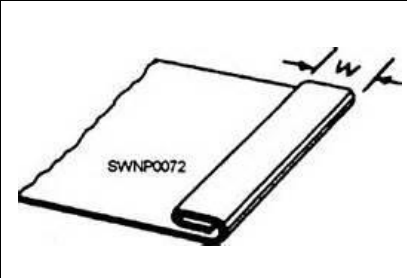
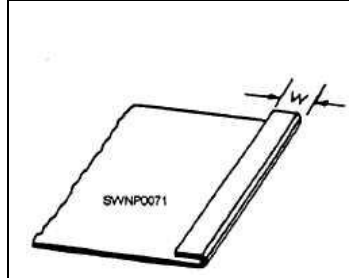
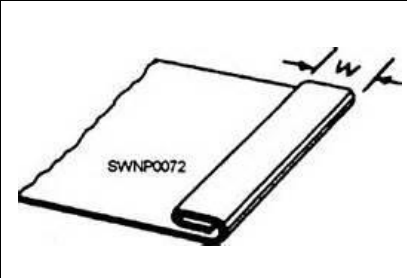
	Grade 4 with differentiation first year	Grade 4 with differentiation second year
Week 2:	Identify the parts of a sewing machine	Describe the primary function of a sewing machine
Week 3:	Identify equipment to knit with	Identify material to knit with
Week 4:	Describe how to handle the sewing machine with care	Describe the difference in various knitting material
Week 5:	Identify non-stretch and stretch fabric	Identify different types of sewing machine feet
Week 6:	Identify the pattern number and sizes available on the pattern envelope	Describe a commercial pattern
Week 7:	Understand the information on pattern pieces, e.g.	Understand a simple instruction sheet

	place on fold	
Week 8:	Describe how to test for crease resistance	Describe the words: crease resistance
Week 9:	Describe one function of overhand stitch	Describe the difference between overhand and tacking stitch

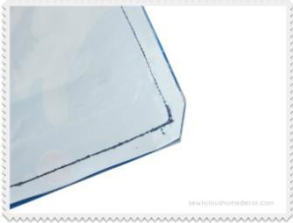
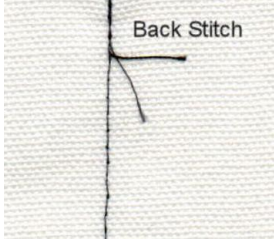





## Grade 4 with differentiation Term 2







Grade 4 with differentiation Term 2									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
1	Machine sewing	<ul style="list-style-type: none"><li>List good buying habits</li><li>Explain the terminology: household articles</li><li>Identify a variety of household articles that can be produced by sewing</li><li>Know how to take the measurements for napkins and pot holders</li><li>Understand the layout of simple patterns on fabric</li><li>Identify a single hem</li><li>Identify a double hem</li><li>Describe the difference between a single and double hem</li></ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"><li>Shows the learners examples of household articles that are produced by sewing, e.g. a curtain, duvet cover, oven mittens, cushions, place mats and explains the terminology</li><li>Demonstrates how to measure the actual size of a household article and then how to add the seam allowances</li><li>Demonstrates how to lay out the commercial pattern on the fabric, cut napkins and a square pot holder</li><li>Demonstrates how to sew a double hem</li></ul> <table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 6</td><td>ADDENDUM 7</td></tr></table>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 6	ADDENDUM 7
			Grade 4 with differentiation first year	Grade 4 with differentiation second year					
									
ADDENDUM 6	ADDENDUM 7								
<p><b>Grade 4 with differentiation first and second year:</b></p>									










Grade 4 with differentiation Term 2							
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes				
	Knitting		<p>Group 1 learners:</p> <ul style="list-style-type: none"><li>• Lay out and pin the pattern pieces to the fabric (ADDENDUM 5 &amp;6)</li><li>• Practise to sew a double hem and file the sampler in sampler files</li></ul> <table><tr><th>Single hem</th><th>Double hem</th></tr><tr><td></td><td></td></tr></table> <p>Group 2 learners:</p> <p>Continue to knit the squares for their blankets and coffee cosies</p> <p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p>	Single hem	Double hem		
Single hem	Double hem						
							
2-3	Machine sewing	<ul style="list-style-type: none"><li>• Know commercial pattern terminology</li><li>• Identify and describe pattern markings, namely grain line</li></ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"><li>• Press fabric with a steam iron</li><li>• Lay out of a commercial pattern and hand the already cut out pattern pieces to Grade 4 first year learners</li></ul>				

Grade 4 with differentiation Term 2					
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes		
	Safety  Knitting	cutting line seam allowance stitching line <ul style="list-style-type: none"><li>Identify and sew backstitching in all seam sewing</li><li>Identify different types of irons, e.g. thermostatically regulated irons, steam irons, combination steam iron</li><li>Plug and unplug an iron</li><li>Identify the safety precautions to take during ironing</li><li>Use distilled or boiled water in a steam iron</li><li>State guidelines for ironing and pressing</li><li>Describe the difference between ironing and pressing</li><li>Identify different types of batting</li></ul>	<ul style="list-style-type: none"><li>Fold and sew double seams</li><li>Use backstitching in all seams</li><li>Reduce bulkiness in seam corners</li><li>Fold the fabric for the potholders, stack the different layers on top of each other and sew the seams</li></ul> <p><b>Grade 4 with differentiation first year:</b> Group 1 learners:</p> <ul style="list-style-type: none"><li>Measure and fold the napkins' double seams, cut the corners, pin the seams in place and sew the napkin seams</li></ul> <p><b>Grade 4 with differentiation second year:</b> Group 1 learners:</p> <ul style="list-style-type: none"><li>Fold the fabric squares and iron</li><li>Use basting stitch to sew the front triangular fabric pieces to the back fabric square</li><li>Place all the fabric layers and batting in place, pin together and sew the seams</li><li>Trim the corners and turn the right side out</li></ul> <table><tr><td>Trim corners</td><td>Start sewing using back stitching</td></tr></table>	Trim corners	Start sewing using back stitching
Trim corners	Start sewing using back stitching				

Grade 4 with differentiation Term 2			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<div>   </div> <p>Group 2 learners: Continue to knit the suggested articles.</p> <p>After 45 minutes the groups rotate in order to ensure that both groups sew on the sewing machines as well as continue to knit.</p>
4	Machine sewing Safety	<ul style="list-style-type: none"> <li>State the reasons for pressing and ironing</li> <li>Identify the characteristics of effective pressing</li> <li>Use batting to produce neat articles</li> <li>Identify and name commercially available trim or embellishments/decorations, namely lace</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>shows examples of different types of commercially available trim or embellishment/decorations</li> <li>demonstrates how to attach the trim to the napkins</li> <li>demonstrates how to sew top stitching all along the outside edge of the potholder</li> </ul> <div>  </div> <div> <div>Double top stitching</div> <div>Single top stitching</div> </div>

Grade 4 with differentiation Term 2			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
	Knitting	braid monograms tassels piping cord <ul style="list-style-type: none"> <li>Discuss the reasons for using trim or embellishments in sewing</li> <li>Identify top stitching</li> <li>Describe how to do top stitching</li> <li>Provide examples of different uses for top stitching</li> </ul>	<div>   </div> <p><b>Grade 4 with differentiation first year:</b>            Group 1 learners:</p> <ul style="list-style-type: none"> <li>attach the trim to the napkins</li> </ul> <p><b>Grade 4 with differentiation first year as well as second year:</b>            Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sew top stitching all along the outside edge to give the potholder a neat finish</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit suggested articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups complete their sewing articles as well as continue to knit</p>
5	Machine sewing	<ul style="list-style-type: none"> <li>Identify correct sewing machine tension</li> <li>Distinguish between upper and</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b>            The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>lay out, pin and cut the pattern on the fabric</li> </ul>

Grade 4 with differentiation Term 2									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
	Knitting	<div>lower tension</div> <ul style="list-style-type: none"><li>Identify reasons for incorrect sewing machine tension</li><li>Identify pattern markings on pattern pieces</li><li>Transfer pattern markings accurately</li></ul>	<div><ul style="list-style-type: none"><li>transfer the pattern markings</li><li>finish raw seam edges with zig-zag stitch</li></ul></div> <div><table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 11</td><td>ADDENDUM 12</td></tr></table></div> <div><p>Group 1 learners:</p><ul style="list-style-type: none"><li>Lay out, pin and cut the pattern pieces (ADDENDUM 11 &amp; 12) and transfer the pattern markings</li></ul><p>Group 2 learners:</p><ul style="list-style-type: none"><li>Continue to knit the suggested articles</li></ul><p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p></div>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 11	ADDENDUM 12
Grade 4 with differentiation first year	Grade 4 with differentiation second year								
									
ADDENDUM 11	ADDENDUM 12								
6-7	Machine sewing	<ul style="list-style-type: none"><li>Explain the reasons for utilising topstitching</li></ul>	<p><b>Grade 4 with differentiation first year:</b></p> <p>The teacher demonstrates how to:</p>						

Grade 4 with differentiation Term 2									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
	Knitting	<ul style="list-style-type: none"><li>• Discuss a reason for trimming excess fabric in sewing</li><li>• Identify single closed seam finishes</li><li>• List the advantages of place mats</li></ul>	<ul style="list-style-type: none"><li>• Sew the pattern pieces together and leave small opening</li><li>• Trim excess fabric at the tip of the triangle</li><li>• Finish raw seam edges with zig-zag stitch</li><li>• Turn the right side out and close openings with overhand / whip stitch</li><li>• Fold the ribbon lengthwise</li><li>• Insert the flags in the ribbon and pin in position</li><li>• Sew knitted squares together for a blanket and how to sew the seam for the coffee cosy</li></ul> <table><tr><td>Single closed seam with zig-zag seam finish</td><td>Single closed seam with overlocking stitch</td><td>Single closed seam with bias binding</td></tr><tr><td></td><td></td><td></td></tr></table> <p>Group 1 learners:</p> <ul style="list-style-type: none"><li>• Sew the pattern pieces together</li><li>• Trim excess fabric at the tip of the triangle</li><li>• Turn the right side out and push corners out</li><li>• Fold and iron the ribbon lengthwise</li><li>• Insert the flag in the ribbon and pin in position</li></ul>	Single closed seam with zig-zag seam finish	Single closed seam with overlocking stitch	Single closed seam with bias binding			
Single closed seam with zig-zag seam finish	Single closed seam with overlocking stitch	Single closed seam with bias binding							
									

Grade 4 with differentiation Term 2			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Weave knitted squares together to produce a blanket</li> </ul> <p><b>Grade 4 with differentiation second year</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Stitch the seams, turn the right side out and topstitch 10 mm from the edge</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Stitch the seams and leave an opening to turn the right side out</li> <li>Turn, close opening with overhand/whip stitch, press and topstitch 10 mm from the edge</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Cast off coffee cosies</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups to sew as well as complete their knitted articles</p>
8-9	Hand sewing  Knitting	<ul style="list-style-type: none"> <li>List examples for suitable packaging materials for needlework articles</li> <li>Discuss how to package needlework articles</li> </ul>	<p><b>Grade 4 with differentiation first and second year</b></p> <p>Group 1 and 2 learners</p> <ul style="list-style-type: none"> <li>Complete needlework and knitted articles</li> <li>Package articles using suitable as well as creative packaging materials</li> </ul>



Grade 4 with differentiation Term 2			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
10			

## Grade 4 Term 2 Assessment







Assessment is formally recorded during four (4) practical sessions with a minimum of four (4) skills reported. Learners, regardless of abilities, shall be assessed on the same skill. The following serves as suggestion of skills to record and report on.







	Grade 4 with differentiation first year	Grade 4 with differentiation second year
Week 2:	Use backstitching in all seam sewing	Reduce bulkiness in seam corners
Week 3:	Plug and unplug an iron safely	Iron fabric safely
Week 4:	Sew napkins according to pattern instructions	Sew pot holders according to pattern instructions
Week 5:	Transfer the pattern markings	finish raw seam edges with zig-zag stitch
Week 6:	Trim excess fabric to reduce bulkiness	Cast off knitted articles
Week 7:	Finish raw seam edges with zig-zag stitch	Sew overhand/whip stitch evenly
Week 8:	Turn the right side out and push corners out	Turn the right side out and push corners out
Week 9:	Sew a banner according to pattern instructions	Sew place mats according to pattern instructions

Four theoretical activities are assessed and recorded, however, a minimum of 1 theoretical activity is reported on. The following serves as suggestions of theoretical activities to report on.

	Grade 4 with differentiation first year	Grade 4 with differentiation second year
Week 2:	Identify a single hem	Describe the difference between a single and double hem
Week 3:	Identify the safety precautions to take during ironing	Describe the difference between ironing and pressing
Week 4:	State the reasons for pressing and ironing	Identify the characteristics of effective pressing
Week 5:	Distinguish between upper and lower tension	Identify reasons for incorrect sewing machine tension
Week 6:	Identify seam finishes – single closed seam	Discuss a reason for trimming excess fabric in sewing
Week 7:	List the advantages of place mats	Explain the reasons for utilising topstitching
Week 8:	List examples for suitable packaging materials for needlework articles	Discuss how to package needlework articles
Week 9:	Describe one function of overhand stitch	Describe the difference between overhand and tacking stitch







## Grade 4 Term 3

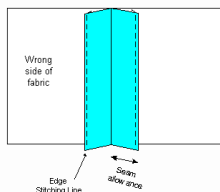
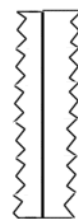
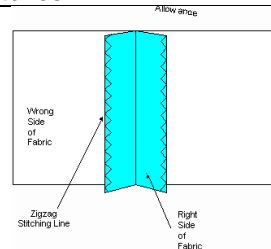
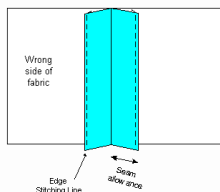
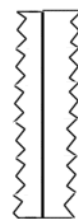
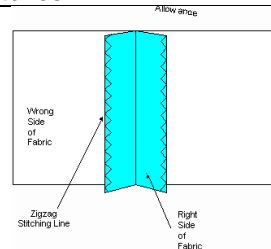
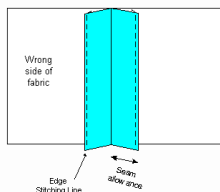
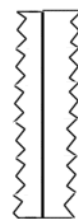
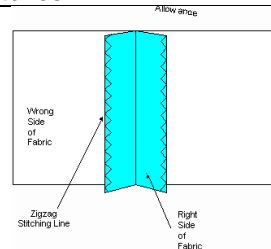
Grade 4 Term 3									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
1-2	Machine sewing Soft furnishing	<ul style="list-style-type: none"><li>• Provide examples of different types of shopping outlets in South Africa</li><li>• Understand and explain the terminology: soft furnishing</li><li>• Identify soft furnishing articles</li><li>• Identify suitable fabric for cushions</li><li>• List a variety of cushion styles and sizes, e.g. Square Round Bolster Box</li><li>• Identify uses for cushions</li><li>• Know how to prepare cotton fabric before layout</li></ul>	<p><b>Grade 4 with differentiation first year and second year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"><li>• Shows the learners examples of different cushion styles made from various fabric types</li><li>• Demonstrates how to measure the actual size of a cushion and then how to add the seam allowances</li><li>• Demonstrates how to prepare cotton fabric before layout</li><li>• Demonstrates how to lay out, pin and cut pattern pieces on the fabric (ADDENDUM 16 &amp; 17)</li></ul> <table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 16</td><td>ADDENDUM 17</td></tr></table>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 16	ADDENDUM 17
	Grade 4 with differentiation first year	Grade 4 with differentiation second year							
									
ADDENDUM 16	ADDENDUM 17								
	Knitting		<p><b>Grade 4 with differentiation first year</b></p> <p>The teacher</p> <ul style="list-style-type: none"><li>• Pins and sews doorstopper fabric piece lengthwise, leaving an opening</li><li>• Pins and sews the circles on each end of the tube, right sides together to form a single curved seam</li></ul>						

Grade 4 Term 3									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
			<p>Group 1 learners:</p> <ul style="list-style-type: none"><li>Pin and sew doorstopper fabric piece lengthwise, leaving an opening and sew the circles on each end of the tube</li></ul> <p>Group 2 learners:</p> <p>Cast on stitches for the second suggested knitted articles and start to knit the head band in garter stitch</p> <table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 46</td><td>ADDENDUM 47</td></tr></table> <p><b>Grade 4 with differentiation second year:</b></p> <p>The teacher</p> <ul style="list-style-type: none"><li>Sews a double hem on both short sides of the long fabric panel</li><li>Folds the fabric in the shape of a cushion right sides facing with the two end sections</li></ul>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 46	ADDENDUM 47
Grade 4 with differentiation first year	Grade 4 with differentiation second year								
									
ADDENDUM 46	ADDENDUM 47								









Grade 4 Term 3			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
	Knitting	<p>used in hand sewing, e.g. 12, 14, 16</p> <ul style="list-style-type: none"> <li>Identify different types of needles e.g. Sharp point Rounded point</li> </ul>	<p><b>Grade 4 with differentiation second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Use zig-zag stitch to finish the raw edges</li> <li>Snip corners to prevent bulkiness</li> <li>Turn cushion right side out</li> <li>Iron cushion</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Use zig-zag stitch to finish the raw edges, snip corners to prevent bulkiness, turn cushion right side out and iron cushion</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit suggested knitted articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p>
4-5	<p>Machine sewing</p> <p>Soft furnishing</p> <p>Knitting</p>	<ul style="list-style-type: none"> <li>Identify a straight double hem</li> <li>Sew a straight double hem</li> <li>Explain the difference between a single and double hem</li> </ul>	<p><b>Grade 4 with differentiation first year:</b></p> <p>The teacher demonstrates how to</p> <ul style="list-style-type: none"> <li>measure a pillow case</li> <li>lay out the pattern pieces (ADDENDUM 21 &amp; 22)</li> <li>cut and sew the pillow case's double hems on both short ends</li> <li>fold the overlapping flap in position and pin</li> </ul>

Grade 4 Term 3									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
			<table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 21</td><td>ADDENDUM 22</td></tr></table> <p>Group 1 learners:</p> <ul style="list-style-type: none"><li>lay out the pattern pieces, cut and stitch the pillow case’s double hems on both short ends and fold the overlapping flap in position and pin</li></ul> <p><b>Grade 4 with differentiation second year:</b></p> <p>The teacher demonstrates how to</p> <ul style="list-style-type: none"><li>Lay out, pin and cut the pattern pieces</li><li>Pin one insert to the centre section and stitch</li><li>Pin the second insert to the centre section and continue until all four inserts have been stitched to the centre section</li></ul> <p>Group 1 learners:</p>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 21	ADDENDUM 22
Grade 4 with differentiation first year	Grade 4 with differentiation second year								
									
ADDENDUM 21	ADDENDUM 22								

Grade 4 Term 3									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
			<ul style="list-style-type: none"><li>Lay out, pin and cut the pattern pieces, pin one insert to the centre section and stitch and continue until all four inserts have been stitched to the centre section</li></ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"><li>Continue with knitting</li></ul> <p>After 45 minutes the groups rotate and group 1 continues to knit whilst group 2 continues to sew</p>						
6	Machine sewing Soft furnishing	<ul style="list-style-type: none"><li>Identify open seam finishes, e.g. single open seam with straight stitching single open seam with pinked edge single open seam with zig-zag finish</li><li>Sew an open seam with straight stitching</li></ul>	<p><b>Grade 4 with differentiation first year:</b></p> <p>The teacher demonstrates how to</p> <ul style="list-style-type: none"><li>stitch the pillow case's side seams</li><li>finish of the seam allowances with straight stitching</li><li>iron the pillow case</li></ul> <table><tr><th>Seam finish with straight stitching</th><th>Seam finish with pinked edge</th><th>Seam finish with zig-zag stitches</th></tr><tr><td></td><td></td><td></td></tr></table>	Seam finish with straight stitching	Seam finish with pinked edge	Seam finish with zig-zag stitches			
Seam finish with straight stitching	Seam finish with pinked edge	Seam finish with zig-zag stitches							
									



Grade 4 Term 3			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>stitch the pillow case's side seams, finish of the seam allowances with straight stitching and iron the pillow case</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue with their knitting</li> </ul> <p><b>Grade 4 with differentiation second year:</b> The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Sew seams in the two back pattern pieces</li> <li>Pin the two back pattern pieces (seams overlapping each other) to the front panel and stitch together</li> <li>finish off the seam allowances with straight stitching</li> <li>iron the cushion</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sew seams in the two back pattern pieces, pin the two back pattern pieces (seams overlapping each other) to the front panel and stitch together, finish off the seam allowances with straight stitching and iron the cushion</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue with their knitting</li> </ul>

Grade 4 Term 3									
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes						
			After 45 minutes the groups rotate and group 1 continues to knit whilst group 2 continues to sew						
7-8	Machine sewing	<ul style="list-style-type: none"><li>Identify correct sewing machine tension</li><li>Distinguish between upper and lower tension</li><li>Identify reasons for incorrect sewing machine tension</li><li>Identify single closed seam finishes, e.g. Zig-zag stitch Overlocker stitch Bias binding</li><li>Identify and name different types of fasteners, e.g. Buttons and buttonholes Zippers Press studs</li></ul>	<p><b>Grade 4 with differentiation first and second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"><li>Lay out, pin and cut the pattern pieces</li></ul> <p><b>Grade 4 with differentiation first year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"><li>Fuse vilene on the inner fabric pieces</li><li>Stitch the batting to the exterior fabric pieces</li><li>Position, pin and stitch the inner fabric pieces to the inner lining</li><li>Attach the flap fabric piece</li></ul> <table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 26</td><td>ADDENDUM 27</td></tr></table>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 26	ADDENDUM 27
	Grade 4 with differentiation first year	Grade 4 with differentiation second year							
									
ADDENDUM 26	ADDENDUM 27								

Grade 4 Term 3			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Lay out, pin and cut the pattern pieces</li> <li>Fuse the vilene on the inner fabric pieces and stitch the batting to the exterior fabric pieces</li> <li>Position, pin and stitch the inner fabric pieces to the inner lining and attach the flap fabric piece</li> </ul> <p><b>Grade 4 with differentiation second year</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Sew a double seam in the pocket section of the bag</li> <li>Assemble and pin the layers together</li> <li>Sew the pockets with contrasting thread</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Lay out, pin and cut the pattern pieces</li> <li>Sew a double seam in the pocket section of the bag</li> <li>Assemble and pin the layers together and stitch the pockets with contrasting thread</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit suggested articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups sew as well as continue to knit</p>
9	Machine sewing	<ul style="list-style-type: none"> <li>Discuss how to treat a burn</li> </ul>	<b>Grade 4 with differentiation first year:</b>

Grade 4 Term 3			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
		<p>caused by a hot iron</p> <ul style="list-style-type: none"> <li>Revision</li> </ul>	<p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Sew the criss cross card holder's inner section to the exterior fabric piece</li> <li>Turn right sides out</li> <li>Close the opening with overhand/whip stitch</li> <li>Insert press studs</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sew the criss cross card holder's inner section to the exterior fabric piece</li> <li>Turn right sides out, close the opening with whip stitch and insert the press studs</li> </ul> <p><b>Grade 4 with differentiation first year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Stitch ribbons (to tie the accessory bag) in place</li> <li>Finish the raw edges with bias binding</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sew ribbons (to tie the accessory bag) in place and finish the raw edges with bias binding</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit the suggested articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups sew as well as continue to</p>

Grade 4 Term 3			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			knit
10			

#### Grade 4 Term 3 Assessment







Assessment is formally recorded during four (4) practical sessions with a minimum of four (4) skills reported. Learners, regardless of abilities, shall be assessed on the same skill. The following serves as suggestion of skills to record and report on.

	Grade 4 with differentiation first year	Grade 4 with differentiation second year
Week 2:	Sew a single curved seam on the sewing machine	Sew a double hem
Week 3:	Sew a doorstopper according to pattern instructions	Sew a cushion according to pattern instructions
Week 4:	lay out pattern pieces using minimum fabric	Cut out pattern pieces on the seam line
Week 5:	Sew a straight double hem	Sew an insert to a central fabric piece
Week 6:	Sew a pillow case according to pattern instructions	Sew a cushion with an insert according to pattern instructions
Week 7:	Fuse vilene on fabric pieces	Sew a double seam
Week 8:	Stitch batting to fabric pieces	Sew fabric pockets
Week 9:	Sew a card holder according to pattern instructions	Sew a makeup bag according to pattern instructions

Four theoretical activities are assessed and recorded, however, a minimum of 1 theoretical activity is reported on. The following serves as suggestions of theoretical activities to report on.







	Grade 4 with differentiation first year	Grade 4 with differentiation second year
Week 2:	Identify soft furnishing articles	Explain the terminology: soft furnishing
Week 3:	Discuss how to maintain and care for cushions	Discuss other filling material used in commercial cushions
Week 4:	Identify 1 type of hem	Name 1 type of hem
Week 5:	Discuss how to sew a double hem	Explain the difference between a single and double hem
Week 6:	Identify 3 different seam finishes	Name 3 different seam finishes
Week 7:	Distinguish between upper and lower tension	Identify reasons for incorrect sewing machine tension
Week 8:	Identify single closed seam finishes	Name single closed seam finishes
Week 9:	Identify different types of fasteners	Name different types of fasteners

**GRADE 4 TERM 4**

WEEK	TOPIC	CONTENT	GRADE 4 TERM 4						
		The learner must able to:	Techniques, activities, resources and process notes						
1	Machine sewing	<ul style="list-style-type: none"><li>Take measurements for a bag</li><li>List guidelines to purchase a bag</li><li>Discuss how the packaging of a product influences the selling thereof</li></ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"><li>Shows the learners examples of a variety of bags that are produced by sewing</li><li>Demonstrates how to measure the actual size of a bag and then how to add the seam allowances to the measurements</li><li>Demonstrates how to lay out and pin the commercial pattern on the fabric and cut the bag (ADDENDUM 31 &amp; 32)</li></ul> <table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 31</td><td>ADDENDUM 32</td></tr></table>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 31	ADDENDUM 32
	Grade 4 with differentiation first year	Grade 4 with differentiation second year							
									
ADDENDUM 31	ADDENDUM 32								
	Knitting		<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>Group 1 learners:</p> <ul style="list-style-type: none"><li>Lay out and pin the pattern to the fabric</li><li>Cut the pattern pieces out</li></ul>						

WEEK	TOPIC	CONTENT The learner must able to:	GRADE 4 TERM 4 Techniques, activities, resources and process notes
			<p>Group 2 learners:e</p> <ul style="list-style-type: none"> <li>Continue to knit the headbands</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p>
2-4	Machine sewing	<ul style="list-style-type: none"> <li>List the guidelines to purchase readymade clothes</li> <li>Choose suitable fabric to make a garment</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>sew the pattern pieces together to make the bag</li> <li>press the seams</li> <li>finish the raw edges with straight stitch</li> <li>sew the handles</li> <li>insert the handles</li> <li>iron the completed article</li> <li>package bags</li> </ul> <p><b>Grade 4 with differentiation first year:</b></p> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sew the pattern pieces together, press and finish off raw seam edges, sew handles and insert the handles</li> <li>Iron and package the completed article</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit the suggested articles</li> </ul>



WEEK	TOPIC	CONTENT The learner must able to:	GRADE 4 TERM 4 Techniques, activities, resources and process notes						
	Knitting		After 45 minutes the groups rotate in order to ensure that both groups work on the sewing machines as well as continue to knit						
5 - 6	Machine sewing	<ul style="list-style-type: none"><li>Identify different apron styles, e.g. waist apron apron with a bib pinafore style apron</li><li>State the advantages of each apron style</li><li>List the factors to take into consideration when purchasing fabric</li><li>Identify and sew a single and double hem (revision)</li><li>Describe the difference between a single and double hem</li><li>Sew a single hem</li></ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"><li>Shows examples of different apron styles and discusses the advantages of the different styles</li><li>Demonstrates how to lay out and pin the pattern to the fabric</li><li>Cut the pattern pieces</li><li>Zig-zag the raw edges and stitch a single hem</li><li>Sew the waistband/apron ties and neck band</li></ul> <table><tr><th>Grade 4 with differentiation first year</th><th>Grade 4 with differentiation second year</th></tr><tr><td></td><td></td></tr><tr><td>ADDENDUM 36</td><td>ADDENDUM 37</td></tr></table> <p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>Group 1 learners:</p>	Grade 4 with differentiation first year	Grade 4 with differentiation second year			ADDENDUM 36	ADDENDUM 37
Grade 4 with differentiation first year	Grade 4 with differentiation second year								
									
ADDENDUM 36	ADDENDUM 37								

WEEK	TOPIC	CONTENT The learner must able to:	GRADE 4 TERM 4 Techniques, activities, resources and process notes
	Knitting		<ul style="list-style-type: none"> <li>• Lay out, pin the pattern to the fabric and cut the pattern pieces</li> <li>• Overlock the raw edges and stitch a single hem</li> <li>• Sew the waistband/apron ties and neck band</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>• Continue to knit their articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups work on the sewing machines as well as continue to knit</p>
7-9	Machine sewing  Knitting	<ul style="list-style-type: none"> <li>• Identify the characteristics of a well-planned wardrobe</li> <li>• Describe a well-planned wardrobe</li> <li>• List the steps to take into consideration when planning a wardrobe</li> <li>• Identify and describe reasons for planning a wardrobe</li> <li>• Discuss the importance of good personal hygiene during adulthood</li> </ul>	<p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Attach the waistband /apron ties and neck band to the apron</li> <li>• Iron and package the completed product</li> </ul> <p><b>Grade 4 with differentiation first year as well as second year:</b></p> <p>Group 1 and 2 learners</p> <ul style="list-style-type: none"> <li>• Complete their sewing articles as well as knitted items</li> <li>• Package articles</li> </ul>
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#### Grade 4 Term 4 Assessment

Assessment is formally recorded during four (4) practical sessions with a minimum of four (4) skills reported. Learners, regardless of abilities, shall be assessed on the same skill. The following serves as suggestion of skills to record and report on.

	Grade 4 with differentiation first year	Grade 4 with differentiation second year
Week 2:	Iron fabric before cutting the pattern	Press the completed article
Week 3:	Sew handles for a bag	Insert bag handles in seam
Week 4:	Sew a bag according to pattern instructions	Sew a bag with a base according to pattern instructions
Week 5:	Sew a waistband	Sew a neckband for an apron
Week 6:	Pin pattern pieces perpendicular to the seam line	Cut pattern pieces on cutting line
Week 7:	Attach a waistband to an apron	Attach a neckband to an apron
Week 8:	Use backstitch to start sewing	Use backstitch to end off sewing
Week 9:	Sew a waist apron according to pattern instructions	Sew an apron with a bib according to pattern instructions

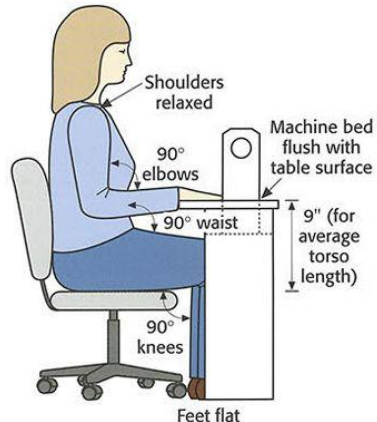
Four theoretical activities are assessed and recorded, however, a minimum of 1 theoretical activity is reported on. The following serves as suggestions of theoretical activities to report on.










	Grade 4 with differentiation first year	Grade 4 with differentiation second year
Week 2:	List 2 guidelines to purchase readymade clothes	List 4 guidelines to purchase readymade clothes
Week 3:	Choose suitable fabric to make a garment	Choose suitable fabric to make an apron
Week 4:	Identify 2 seam types	Name to seam types
Week 5:	Identify different apron styles	State the advantages of an apron with a bib
Week 6:	Identify a single and double hem	Describe the difference between a single and double hem
Week 7:	Identify the characteristics of a well-planned wardrobe	Describe 2 characteristics of a well-planned wardrobe
Week 8:	List 2 criteria to take into consideration when planning a wardrobe	List 4 criteria to take into consideration when planning a wardrobe
Week 9:	Identify 2 reasons for planning a wardrobe	Describe 2 reasons for planning a wardrobe



## Grade 5 with differentiation Term 1

Grade 5 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
1	The consumer	<ul style="list-style-type: none"> <li>Understand the concept of Consumer Studies needlework</li> <li>List suggestions for classroom rules and repeat rules with prompting</li> <li>Understand and describe the concept: Consumer</li> <li>List and explain consumer rights</li> <li>Identify and state one function of the following equipment: <ul style="list-style-type: none"> <li>Tape measure</li> <li>Dressmaker's scissors</li> <li>Pins and pin cushion</li> <li>Sewing thread</li> <li>Sewing needles – hand</li> <li>Machine sewing needles</li> <li>Sewing machine</li> <li>Electric iron</li> <li>Ironing board</li> <li>Tailor's chalk</li> <li>Tracing wheel</li> <li>Metal measure</li> <li>Homemade measuring card</li> </ul> </li> </ul>	<p><b>Grade 5 with differentiation first year as well as second year:</b></p> <p>Learner activities:</p> <ul style="list-style-type: none"> <li>List suggestions for classroom rules</li> <li>Repeat the rules with prompting</li> <li>Role play to wash and dry their hands</li> </ul> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Provides the learners with either flip files or files with plastic sleeves (or books) to file their samplers. The learners may continue in their Grade 4 files / books The files are kept at school.</li> <li>Orientates the learners towards: <ul style="list-style-type: none"> <li>the class room layout</li> <li>their individual work spaces</li> <li>the articles that they will sew during the year by showing examples of completed articles</li> <li>the articles that they will knit during the year by showing examples of completed articles</li> </ul> </li> </ul> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Demonstrates how to safely use the following equipment: Tailor's chalk, tracing wheel, metal measure, homemade measuring card, seam ripper / quick unpick</li> <li>Shows a video of how to extinguish an electrical fire</li> <li>Allocates working spaces to each learner</li> </ul> <p>The learners:</p>

Grade 5 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
	Hygiene and safety	<ul style="list-style-type: none"> <li>Seam ripper / quick unpick</li> <li>Describe the meaning of personal hygiene</li> <li>Conform to personal hygiene practises in the Consumer Studies Needlework centre</li> <li>State the dangers of electricity</li> <li>Explain how to extinguish an electrical fire</li> </ul>	<ul style="list-style-type: none"> <li>Practise to wash and dry their hands</li> <li>Practise to safely use the mentioned equipment</li> <li>Practise to plug and unplug electric equipment</li> </ul>
2 -3	Machine sewing	<ul style="list-style-type: none"> <li>Use correct posture in front of an overlocker</li> <li>Provide reasons why it is necessary to use the correct posture during sewing</li> <li>Understand the primary function of an overlocker</li> <li>Identify the difference between a two, three and four spool overlocker</li> <li>Identify a needle threader</li> <li>Identify the parts of a overlocker, namely the: sewing light waste collector</li> </ul>	<p><b>Grade 5 with differentiation first year as well as second year:</b></p> <p>The teacher demonstrates:</p> <ul style="list-style-type: none"> <li>how to cover and uncover the overlocker before and after use</li> <li>the posture in front of an overlocker</li> </ul> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Identifies the parts of an overlocker</li> <li>Stitches on fabric strips to demonstrate the function of the cutter, the speed of an overlocker as well as the correct stitch tension. Use different colours for the upper and lower looper to distinguish between the functions of each part of the overlocker</li> </ul> <p>The teacher divides the class into two groups:</p> 










Grade 5 with differentiation Term 1												
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes									
	Knitting	<div><div>cutter</div><div>spool holder</div><div>tension dials</div><div>needle bar and needle</div><div>pressure foot</div><div>feeder plate / feed dog</div><div>stitch length control</div><div>foot control</div><div>hand wheel</div><div>• Describe the function of the parts above</div><div>• Describe how to care for an overlocker</div><div>• Identify tools and material to knit, namely:<div>a pair of double-pointed knitting needles</div><div>round needles</div><div>double knit and four ply yarn</div><div>chunky and textured yarn</div></div></div>	<div><div>Grade 5 with differentiation first, second and third year</div><div>Group 1 learners:<ul style="list-style-type: none"><li>• Practise the correct posture in front of an overlocker</li><li>• Practise to overlock different textured fabric</li></ul></div><div>Group 2</div><div>The teacher:<ul style="list-style-type: none"><li>• Shows examples of completed knitted articles that the learners will knit during Grade 5</li><li>• The teacher provides the learners each with a pair of knitting needles</li><li>• Demonstrates how to cast on stitches if necessary</li></ul></div><table><tr><td>Grade 5 with diff 1<sup>st</sup> year</td><td>Grade 5 with diff 1<sup>st</sup> year</td><td>Grade 5 with diff 1<sup>st</sup> year</td></tr><tr><td></td><td></td><td></td></tr><tr><td>ADDENDUM 43</td><td>ADDENDUM 44</td><td>ADDENDUM 45</td></tr></table><div>After 45 minutes the groups rotate and the teacher shows examples of completed knitted articles that the learners will knit during Grade 5. Grade 5 with differentiation first year learners knit baby boots, second year learners mittens and third year learners knit a scarf during the first six months</div></div>	Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 1 <sup>st</sup> year				ADDENDUM 43	ADDENDUM 44	ADDENDUM 45
Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 1 <sup>st</sup> year										
												
ADDENDUM 43	ADDENDUM 44	ADDENDUM 45										



Grade 5 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<p>The learners:</p> <p>Cast on stitches and commence with knitting their suggested articles. This project will continue and be completed by the end of the second term.</p> <p>After 45 minutes the groups rotate.</p> <p>The overlocker exercises are filed in the learners' sampler files.</p>
4	<p>Machine sewing</p> <p>Knitting</p>	<ul style="list-style-type: none"> <li>Find an image in the overlocker manual that shows how to thread the overlocker</li> <li>Understand how to thread the overlocker</li> <li>Thread an overlocker</li> <li>Handle the overlocker with care</li> <li>Provide reasons why it is necessary to handle an overlocker with care</li> <li>Dust the overlocker before and after use</li> </ul>	<p><b>Grade 5 with differentiation first, second and third year</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Demonstrates how to thread the overlocker</li> <li>Shows the learners how to cover and uncover the overlocker</li> <li>Demonstrates how to dust the overlocker</li> </ul> <p><b>Grade 5 with differentiation first, second and third year</b></p> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>With the assistance of the teacher practise to thread the overlocker</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit garter stitch</li> </ul> <p>After 45 minutes the groups rotate and group 1 continues to knit while group 2 practises, with the assistance of the teacher, to thread an overlocker.</p> <p><b>Grade 5 with differentiation second and third year</b></p> <p>These learners practise similar skills to the first year learners and may assist the teacher with</p>





Grade 5 with differentiation Term 1												
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes									
		pattern	<div><div><b>Grade 5 with differentiation second and third year</b> The teacher<ul style="list-style-type: none"><li>Demonstrates how to place the pattern pieces on the fabric, pin the pattern pieces and cut the pieces out. Grade 5 with differentiation 2<sup>nd</sup> year learners sew a baby bib (addendum 4) and 3<sup>rd</sup> year learners sew slippers (ADDENDUM 5)</li></ul></div><table><tr><td>Grade 5 with diff 1<sup>st</sup> year</td><td>Grade 5 with diff 1<sup>st</sup> year</td><td>Grade 5 with diff 1<sup>st</sup> year</td></tr><tr><td></td><td></td><td></td></tr><tr><td>ADDENDUM 3</td><td>ADDENDUM 4</td><td>ADDENDUM 5</td></tr></table><div><p>Group 1 and 2 learners:</p><ul style="list-style-type: none"><li>Lay out, pin and cut pattern pieces</li><li>Continue to knit the suggested articles</li></ul><p>After 45 minutes the groups rotate and group 1 continues to knit while group 2 learners continue with sewing articles</p></div></div>	Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 1 <sup>st</sup> year				ADDENDUM 3	ADDENDUM 4	ADDENDUM 5
Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 1 <sup>st</sup> year										
												
ADDENDUM 3	ADDENDUM 4	ADDENDUM 5										
7	Machine sewing	<ul style="list-style-type: none"><li>Know the difference in the quality of different fabrics</li></ul>	<div><b>Grade 5 with differentiation first year</b> The teacher demonstrates how to:</div>									

Grade 5 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
		<ul style="list-style-type: none"> <li>Discuss the requirements for quality products</li> <li>Identify and describe suitable packaging material for needlework articles</li> </ul>	<ul style="list-style-type: none"> <li>Place the pattern pieces on the fabric, pin the pattern pieces and cut the pieces out (ADDENDUM 3)</li> <li>Sew closed seams, overlock and turn right side out</li> <li>Decorate the completed article with top stitching</li> </ul> <p>Group 1 learners</p> <ul style="list-style-type: none"> <li>Lay out, pin and cut the pattern pieces</li> <li>Sew and overlock the seams</li> </ul> <p>Group 2 learners</p> <ul style="list-style-type: none"> <li>Continue to knit the suggested article until the end of the second term.</li> </ul> <p><b>Grade 5 with differentiation second year</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Demonstrates how to sew the baby bibs</li> <li>Clip the curved seams and trim the corners</li> <li>Turn the bib right side out</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sew the bibs</li> <li>Clip curved seams and trim corners</li> <li>Turn bib right side out</li> </ul>

Grade 5 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<p>Group 2 learners</p> <ul style="list-style-type: none"> <li>Continue to knit the suggested article until the end of the second term</li> </ul> <p><b>Grade 5 with differentiation third year</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Sew the fabric sole pieces over the shoe insert</li> <li>Sew the back seam of the slipper upper sections and stitch to sole</li> <li>Clip inside curves</li> <li>Overlock the seam edges and turn the slipper sirght-side out</li> </ul> <p>Group 1 learners sew the suggested slippers while group 2 learners continue to knit their scarves. After 45 minutes the groups rotate.</p>
8-9	Machine sewing Fibres and fabrics	<ul style="list-style-type: none"> <li>Understand the information on clothing labels</li> <li>Apply the information on labels</li> <li>Identify piling</li> <li>Discuss the reasons for piling</li> </ul>	<p><b>Grade 5 with differentiation first, second and third year</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Shows the learners different information labels on clothing</li> <li>Discuss the information on the labels</li> <li>Show examples of piling</li> </ul> <p><b>Grade 5 with differentiation first year</b></p> <p>Group 1 learners complete their infinity scarves while group 2 learners continue to knit. After 45 minutes the groups rotate until both groups have completed their head bands</p> <p><b>Grade 5 with differentiation second year</b></p> <p>Group 1 learners complete their baby bibs, iron the completed article and round off with top</p>

Grade 5 with differentiation Term 1			
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes
			<p>stitching. Group 2 learners continue to knit mittens/hats. After 45 minutes the groups rotate until both groups have completed their baby bibs</p> <p><b>Grade 5 with differentiation third year</b></p> <p>Group 1 learners complete their slippers while group 2 learners continue to knit scarves. After 45 minutes the groups rotate until both groups have completed their slippers</p>
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### Grade 5 Term 1 Assessment

Assessment is formally recorded during four (4) practical sessions with a minimum of four (4) skills reported. Learners, regardless of abilities, shall be assessed on the same skill. The following serves as suggestion of skills to record and report on.

	Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
Week 2:	Identify 4 parts of an overlocker	Name 4 parts of an overlocker	Name 8 parts of an overlocker
Week 3:	Use the correct posture in front of the overlocker	Use the correct posture in front of the overlocker and sewing machine	Identify posture mistakes of other learners in front of the overlocker and state how to rectify these
Week 4:	Understand how to thread the overlocker	Thread the overlocker with assistance	Thread the overlocker independently
Week 5:	Disable the overlocker cutter	Sew a French seam with the overlocker	Sew a roller hem with the overlocker
Week 6:	Safely test for synthetic fabric	Identify the right and wrong side of synthetic fabric	Identify the right and wrong side of natural as well as synthetic fabric
Week 7:	Overlock a closed seam	Clip convex seams	Sew closed seam and overlock raw edges
Week 8:	Turn right sides out and top stitch on the edge of article	Clip concave seams	Follow pattern instructions to sew slippers
Week 9:	Sew an infinity scarf according to pattern instructions	Sew a baby bib according to pattern instructions	Sew slipper according to pattern instructions

Four theoretical activities are assessed and recorded, however, a minimum of 1 theoretical activity is reported on. The following serves as suggestions of theoretical activities to report on.




	Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
Week 2:	Describe the function of 2 parts of the overlocker	Describe the function of 4 parts of the overlocker	Describe the function of 6 parts of the overlocker
Week 3:	Identify a 2, 3 and 4 spool overlocker	Describe the difference between a 2 and 3 spool overlocker	Describe the difference between a 3 and 4 spool overlocker



Week 4:	Provide 1 reason to explain why it is necessary to handle the overlocker with care	Provide 2 reasons to explain why it is necessary to handle the overlocker with care	Provide 3 reasons to explain why it is necessary to handle the overlocker with care
Week 5:	Identify a roller hem produced by an overlocker	Describe the difference between a roller hem and French seam when using the overlocker	Describe the advantage of disabling the cutter
Week 6:	Identify synthetic fabrics	Name 2 synthetic fabrics	Distinguish between cotton, wool and synthetic fabrics
Week 7:	Discuss one requirement for a quality product	Discuss two requirements for a quality product	Discuss three requirements for a quality product
Week 8:	Understand the information on clothing labels	Describe the information on labels	Identify piling
Week 9:	Name the symbols on clothing labels	Apply the information on labels	Discuss the reasons for piling




## Grade 5 Term 2

WEEK	TOPIC	CONTENT	<b>Grade 5 Term 2</b> <b>Techniques, activities, resources and process notes</b>
1	Machine sewing	<ul style="list-style-type: none"> <li>List factors that influence our buying behaviour</li> <li>Understand the terminology: household articles</li> <li>List a variety of household articles produced by sewing</li> <li>Revise how to take measurements for household articles</li> <li>Revise the different types of batting and how to use batting in household articles</li> <li>Identify satin stitch</li> </ul>	<p><b>Grade 5 with differentiation first year, second year as well as third year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Shows the learners examples of household items that are produced by sewing, e.g. curtain, duvet cover, oven mittens, cushions, place mats and explains the terminology</li> <li>Demonstrates how to measure the actual size of a household article and then how to add the seam allowances</li> <li>Demonstrates on a sampler how to sandwich fabric and batting together and secure with pins</li> <li>Tack the layers in place and quilt the sampler with the sewing machine</li> </ul> <p><b>Grade 5 with differentiation first year, second year as well as third year:</b></p> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sandwich sampler fabric and batting together and secure with pins</li> <li>Secure the layers in place with tacking stitch and sew the sampler</li> <li>File the sampler in sampler files</li> </ul> <p>Group 2 learners:</p> <p>Continue to knit the squares for their baby booties, gloves and scarves</p> <p><b>Grade 5 with differentiation first year</b></p> <p>The teacher demonstrates:</p> <ul style="list-style-type: none"> <li>How to trace templates onto Vilene</li> <li>How to iron Vilene onto fabric</li> <li>Satin stitch on a sampler</li> </ul>




WEEK	TOPIC	CONTENT	<b>Grade 5 Term 2</b> <b>Techniques, activities, resources and process notes</b>		
	Knitting		<b>Grade 5 with differentiation first year</b> The learners: <ul style="list-style-type: none"> <li>Sew satin stitch on a sampler and file the samplers in their sampler files</li> <li>Trace the templates onto Vilene</li> <li>Iron Vilene onto fabric</li> </ul> After 45 minutes the groups rotate in order to ensure that both sandwich the fabric and batting together, pin, tack as well as continue to knit		
2-3	Machine sewing	<ul style="list-style-type: none"> <li>Interpret commercial pattern terminology correctly</li> <li>Identify lengthwise yarns</li> <li>Identify crosswise yarns</li> <li>Transfer motive outlines onto Vilene</li> <li>Iron Vilene onto fabric</li> <li>List the main function for using Vilene in sewing</li> </ul>	<b>Grade 5 with differentiation first, second and third year</b> The teacher: <ul style="list-style-type: none"> <li>Demonstrates how to sandwich fabric layers together and quilt with the sewing machine</li> <li>Demonstrates how to cut the pattern pieces on the quilted fabric (ADDENDA 8 &amp; 9 &amp; 10)</li> </ul>		
	Safety		Grade 5 with diff 1 <sup>st</sup> year	Grade 5 with diff 2 <sup>nd</sup> year	Grade 5 with diff 3 <sup>rd</sup> year
	Knitting				
			ADDENDUM 8	ADDENDUM 9	ADDENDUM 10

WEEK	TOPIC	CONTENT	<b>Grade 5 Term 2</b> <b>Techniques, activities, resources and process notes</b>
			<b>Grade 5 with differentiation first, second and third year</b> Group 1 learners: <ul style="list-style-type: none"> <li>• Arrange fabric and batting layers correctly and quilt with the sewing machine</li> <li>• Cut the pattern pieces using quilted fabric</li> </ul> Group 2 learners: <ul style="list-style-type: none"> <li>• Continue to knit articles</li> </ul> After 45 minutes the groups rotate in order to ensure that both groups do sewing as well as continue to knit
4	Machine sewing  Safety  Knitting	<ul style="list-style-type: none"> <li>• Discuss how to cut bias binding at home</li> <li>• Encase raw seams with bias binding</li> <li>• Tell the function of bias binding</li> <li>• List the advantages of using bias binding to finish raw edges</li> </ul>	<b>Grade 5 with differentiation first, second and third year</b> The teacher: <ul style="list-style-type: none"> <li>• Demonstrates how to sew the pattern pieces together</li> <li>• Shows examples of different commercially available bias binding and demonstrates how to sew bias binding onto articles</li> <li>• Demonstrates how to encase the raw edges of the potholder and oven mittens with bias binding</li> </ul> <b>Grade 5 with differentiation first and second year</b> The learners: <ul style="list-style-type: none"> <li>• Sew the pattern pieces together</li> <li>• Encase the raw edges of the potholder and oven mittens with bias binding</li> </ul> <b>Grade 5 with differentiation first and second year</b> The learners:

WEEK	TOPIC	CONTENT	<b>Grade 5 Term 2</b> <b>Techniques, activities, resources and process notes</b>		
			<ul style="list-style-type: none"> <li>Sew the pattern pieces together</li> <li>Attach a band around the lower, inner edge of the glove</li> <li>Turn the oven glove inside out and sew the band along the outer edge</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups do sewing as well as continue to knit</p>		
5	Machine sewing  Knitting	<ul style="list-style-type: none"> <li>Provide examples of household storage items produced by sewing</li> <li>Describe the function of storage items</li> <li>State one advantage of producing sewn household storage items</li> <li>Discuss safety guidelines during ironing and pressing</li> </ul>	<b>Grade 5 with differentiation first year, second year as well as third year:</b> The teacher demonstrates how to: <ul style="list-style-type: none"> <li>Lay and pin the pattern on the fabric</li> <li>Cut the pattern pieces</li> <li>Transfer the pattern markings</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Lay out and pin the pattern to the fabric (ADDENDUM 13 - 15)</li> <li>Cut the pattern pieces</li> <li>Transfer the pattern markings</li> </ul>		
			<b>Grade 5 with diff 1<sup>st</sup> year</b>	<b>Grade 5 with diff 2<sup>nd</sup> year</b>	<b>Grade 5 with diff 3<sup>rd</sup> year</b>

WEEK	TOPIC	CONTENT	Grade 5 Term 2 Techniques, activities, resources and process notes		
					
			ADDENDUM 13	ADDENDUM 14	ADDENDUM 15
			<p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue to knit suggested articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p>		
6-7	Machine sewing  Knitting	<ul style="list-style-type: none"> <li>Identify incorrect sewing machine tension, e.g. loosened top and too tight top tension</li> <li>Identify incorrect overlocker tension</li> <li>Identify the tension plate responsible for incorrect tension</li> <li>Identify direction to turn tension knob to correct tension</li> <li>Identify darts</li> <li>Identify the steps to sew darts</li> </ul>	<p><b>Grade 5 with differentiation first year</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Demonstrates how to place the appliqué motifs on the fabric and secure with magic tape</li> <li>Secure the motifs with satin stitch to the background fabric</li> <li>Sew the batting to the wrong side of the fabric</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Secure the applique motives with magic tape on the background fabric and use satin stitch to applique the motifs on the background fabric</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Start to cast off stitches and sew the baby booties together</li> </ul>		

WEEK	TOPIC	CONTENT	<b>Grade 5 Term 2</b> <b>Techniques, activities, resources and process notes</b>
			<p><b>Grade 5 with differentiation second year</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>• Demonstrates how to place 2 layers of fabric pattern pieces and one layer batting together and pin</li> <li>• Stitch around the edges</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Pin fabric layers and batting together and stitch around the edges</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>• Start to cast off stitches and weave the mittens' side seams</li> </ul> <p><b>Grade 5 with differentiation third year</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Pin and sew the four darts</li> <li>• Pin all layers of the four flaps together and sew the bias tape around the edges, but not at the bottom</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Pin and sew the four darts</li> <li>• Pin all layers of the four flaps together and sew the bias tape around the edges, but not at the bottom</li> </ul> <p>Group 2 learners:</p>

WEEK	TOPIC	CONTENT	<b>Grade 5 Term 2</b> <b>Techniques, activities, resources and process notes</b>		
			<ul style="list-style-type: none"> <li>Start to cast off stitches and make the tassles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p>		
8-9	Hand sewing	<ul style="list-style-type: none"> <li>Identify seam finishes – single closed seam with overlocker seam finish</li> <li>Identify seam finishes – single open seam with overlocker seam finish</li> <li>Identify fabrics suitable for a French seam</li> <li>Describe the difference between a closed seam and French seam</li> </ul>	<b>Grade 5 with differentiation first year</b> The teacher: <ul style="list-style-type: none"> <li>Overlock the raw edges and cut corners to reduce bulkiness</li> <li>Fold seams and stitch seams</li> <li>Stitch the four sides of the schoolhouse using whip stitch</li> </ul>		
	Knitting		Single open seam - overlocker	Closed seam - overlocker	French seam - overlocker
					
			Group 1 learners: <ul style="list-style-type: none"> <li>Overlock the raw edges and cut corners to reduce bulkiness</li> <li>Fold seams, stitch seams and sew the four sides of the schoolhouse using whip stitch and package</li> </ul>		
			Group 2 learners:		



WEEK	TOPIC	CONTENT	<b>Grade 5 Term 2</b> <b>Techniques, activities, resources and process notes</b>
			<ul style="list-style-type: none"> <li>Package baby booties</li> </ul> <p><b>Grade 5 with differentiation second year</b></p> <p>The teacher:</p> <ul style="list-style-type: none"> <li>Cut corners to reduce bulkiness</li> <li>Turn right sides out</li> <li>Stitch the four sides</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Cut corners to reduce bulkiness, turn right sides out, sew the four sides and package</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Package mittens</li> </ul> <p><b>Grade 5 with differentiation third year</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Pin the four flaps to the circular base</li> <li>Pin and sew the basket lining onto a band</li> <li>Overlock the raw edges</li> <li>Sew a casing in the lining and insert elastic</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Pin the four flaps to the circular base</li> <li>Pin and sew the basket lining onto a band and overlock the raw edges</li> </ul>

WEEK	TOPIC	CONTENT	<b>Grade 5 Term 2</b> <b>Techniques, activities, resources and process notes</b>
			<ul style="list-style-type: none"> <li>Sew a casing in the lining and insert elastic</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Package needlework articles</li> </ul>
10	Assessment		

### Grade 5 Term 2 Assessment

Assessment is formally recorded during four (4) practical sessions with a minimum of four (4) skills reported. Learners, regardless of abilities, shall be assessed on the same skill. The following serves as suggestion of skills to record and report on.










	Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
Week 2:	Transfer motive outlines onto Vilene	Iron Vilene onto fabric	Arrange fabric and batting correctly before quilting with the sewing machine
Week 3:	Cut pattern pieces on quilted fabric	Quilt with the sewing machine with assistance	Quilt with the sewing machine
Week 4:	Sew a potholder according to pattern instructions	Sew oven gloves according to pattern instructions	Sew quilted oven gloves according to pattern instructions
Week 5:	Lay out pattern on batting	Pin pattern on batting with pins perpendicular to seam line	Transfer pattern markings on batting
Week 6:	Secure the applique motives with magic tape on the background fabric	Pin fabric layers and batting before sewing	Pin darts
Week 7:	Secure appliqué motifs with magic tape	Cast off knitting	Sew darts
Week 8:	Sew satin stitch	Sew knitted articles side seams	Insert elastic in lining
Week 9:	Package knitted article	Choose suitable packaging material to package needlework article	Package needlework article

Four theoretical activities are assessed and recorded, however, a minimum of 1 theoretical activity is reported on. The following serves as suggestions of theoretical activities to report on.










	Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
Week 2:	List a variety of household articles produced by sewing	Identify different types of batting	Describe how to use batting to produce needlework items
Week 3:	Identify lengthwise yarns	Identify crosswise yarns	List the main function for using Vilene in sewing

Week 4:	Identify bias binding	Tell the function of bias binding	List the advantages of using bias binding to finish raw edges
Week 5:	Provide examples of household storage items produced by sewing	Provide examples of household storage items produced by sewing	State one advantage of producing sewn household storage items
Week 6:	Identify incorrect sewing machine tension, e.g. loosened top	Identify incorrect overlocker tension	Identify a dart
Week 7:	Identify incorrect sewing machine tension, e.g. too tight top tension	Identify the tension plate responsible for incorrect tension	Identify direction to turn tension knob to correct tension
Week 8:	Identify single closed seam with overlocker seam finish	Identify single open seam with overlocker seam finish	Identify fabrics suitable for a French seam
Week 9:	Identify single closed seam finished with overlocking stitch	Identify single open seam finished with overlocking stitch	Describe the difference between a closed seam and French seam

## Grade 5 with differentiation Term 3

Grade 5 with differentiation Term 3												
WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes									
1 -2	Machine sewing	<ul style="list-style-type: none"><li>Analyse shopping outlets in their area</li><li>Understand and explain the terminology: soft furnishing</li><li>Identify suitable fabric for cushions and soft toys</li><li>List a variety of soft toys to sew</li><li>Identify uses for soft toys</li><li>Know how to straighten the grain of fabric</li><li>Practise how to straighten the grain of fabric</li></ul>	<p><b>Grade 5 with differentiation first, second and third year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"><li>Shows the learners examples of various soft toys made from different fabric types</li><li>Demonstrates how to straighten the grain of fabric before layout</li><li>Demonstrates how to lay out, pin and cut a commercial pattern on the fabric</li></ul> <table><tr><td>Grade 5 1<sup>st</sup> year with diff</td><td>Grade 5 2<sup>nd</sup> year with diff</td><td>Grade 5 3<sup>rd</sup> year with diff</td></tr><tr><td></td><td></td><td></td></tr><tr><td>ADDENDUM 18</td><td>ADDENDUM 19</td><td>ADDENDUM 20</td></tr></table>	Grade 5 1 <sup>st</sup> year with diff	Grade 5 2 <sup>nd</sup> year with diff	Grade 5 3 <sup>rd</sup> year with diff				ADDENDUM 18	ADDENDUM 19	ADDENDUM 20
	Grade 5 1 <sup>st</sup> year with diff	Grade 5 2 <sup>nd</sup> year with diff	Grade 5 3 <sup>rd</sup> year with diff									
												
ADDENDUM 18	ADDENDUM 19	ADDENDUM 20										
	Knitting		<p><b>Grade 5 with differentiation first year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"><li>Pin ribbon to fabric piece and sews in place</li><li>Pin and stitch a double hem on both sides of the long fabric piece</li></ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"><li>Lay out, pin and cut pattern on the fabric</li></ul>									

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes
			<ul style="list-style-type: none"> <li>Pin and sew ribbon in place and stitch a double hem on both sides of the long fabric piece</li> </ul> <p><b>Grade 5 with differentiation second year:</b> The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Stitch the fish's dorsal fin with right sides facing</li> <li>Trim excess seam allowance</li> <li>Turn the fin right side out</li> <li>Position and pin the fin onto the side pattern piece</li> <li>Sew the two sides together</li> <li>Sew the side fins</li> <li>Position and pin the side fins onto the bottom pattern piece</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Lay out, pin and cut a commercial pattern on the fabric</li> <li>Stitch the fish's dorsal fin with right sides facing</li> <li>Trim excess seam allowance, turn the fin right side out, position and pin the fin onto the side pattern piece</li> <li>Sew the two sides together, sew the side fins, position and pin the side fins onto the bottom pattern piece</li> </ul> <p><b>Grade 5 with differentiation third year:</b> <b>The teacher demonstrates how to:</b></p> <ul style="list-style-type: none"> <li>Position the hair on the face, pins and sew</li> <li>Place the face on the dress, right sides together, pin and stitch</li> </ul>










WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes									
			<ul style="list-style-type: none"><li>• Match leg pattern and arm pieces and stitch around</li><li>• Clip seam allowance</li><li>• Turn right side out, press and stuff the limbs</li><li>• Pin and sew arms and legs in position</li></ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"><li>• Lay out, pin and cut a commercial pattern on the fabric</li><li>• Position the hair on the face, pin and sew</li><li>• Place the face on the dress, right sides together, pin and stitch</li><li>• Match leg pattern and arm pieces and stitch around, clip seam allowance</li><li>• Turn right side out, press and stuff the limbs, pin and stitch arms and legs in position</li></ul> <p><b>Grade 5 with differentiation first, second and third year:</b></p> <p>Group 2 learners:</p> <p>Cast on stitches and knit articles in garter stitch. Learners should complete the knitted articles by the end of the year</p> <table><tr><th>Grade 5 1<sup>st</sup> year with diff</th><th>Grade 5 2<sup>nd</sup> year with diff</th><th>Grade 5 3<sup>rd</sup> year with diff</th></tr><tr><td></td><td></td><td></td></tr><tr><td>ADDENDUM 48</td><td>ADDENDUM 49</td><td>ADDENDUM 50</td></tr></table>	Grade 5 1 <sup>st</sup> year with diff	Grade 5 2 <sup>nd</sup> year with diff	Grade 5 3 <sup>rd</sup> year with diff				ADDENDUM 48	ADDENDUM 49	ADDENDUM 50
Grade 5 1 <sup>st</sup> year with diff	Grade 5 2 <sup>nd</sup> year with diff	Grade 5 3 <sup>rd</sup> year with diff										
												
ADDENDUM 48	ADDENDUM 49	ADDENDUM 50										

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes
			After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit
3	Machine sewing          Knitting	<ul style="list-style-type: none"> <li>Discuss how to maintain and care for cushions and soft toys</li> <li>Identify different machine needle sizes, e.g. 12, 14, 16</li> <li>Identify different types of fasteners, e.g. Press studs, button and buttonhole/loop, zip, velcro, hook and eye</li> <li>List one suitable needlework example for each type of fastener</li> <li>Know the technique to stuff toys</li> <li>Practise the stuffing of toys</li> </ul>	<p><b>Grade 5 with differentiation first year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Insert press studs as fasteners for bolster cushion</li> <li>Pin and stitch a double hem on both short ends of the fabric</li> <li>Insert a string and pull tight</li> </ul> <p>Group 1 learners</p> <ul style="list-style-type: none"> <li>Insert press studs as fasteners for bolster cushion</li> <li>Pin and stitch a double hem on both short ends of the fabric, insert a string and pull tight</li> </ul> <p><b>Grade 5 with differentiation second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Position and pin the dolphin's side fins onto the bottom pattern piece</li> <li>Sew the bottom pattern piece to the side pattern pieces</li> <li>Trim outer corners and clips inner corners</li> <li>Turn inside out</li> <li>Stuff the dolphin</li> <li>Close the opening with whip stitch</li> <li>Sew eyes in place</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Position and pin the dolphin's side fins onto the bottom pattern piece and sew the bottom pattern</li> </ul>

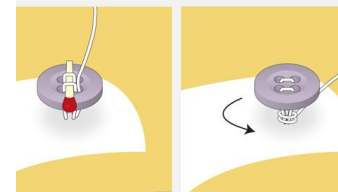







WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes
			<p>piece to the side pattern pieces</p> <ul style="list-style-type: none"> <li>Trim outer corners and clips inner corners, turn inside out and stuff the dolphin</li> <li>Close the opening with whip stitch and sew eyes in place</li> </ul> <p><b>Grade 5 with differentiation third year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Pin and stitch front pattern pieces to doll's back pattern pieces</li> <li>Turn right side out</li> <li>Stuff the doll</li> <li>Close the opening with whip stitch</li> <li>Embroider eyelashes, eyes, nose and mouth using back stitch</li> <li>Sew buttons in position</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Pin and stitch front pattern pieces to doll's back pattern pieces, turn right side out and stuff the doll</li> <li>Close the opening with whip stitch, embroider eyelashes, eyes, nose and mouth using back stitch</li> <li>Sew buttons in position</li> </ul> <p>Group 2 learners:</p> <p>Continue to knit their articles</p> <p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p>

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes									
4-5	Machine sewing	<ul style="list-style-type: none"><li>Explain the terminology: pile of fabric</li><li>Provide examples of suitable articles to make with fur and fleece</li><li>Provide a reason for using pile fabric to produce soft toys</li><li>Provide a reason for not ironing pile fabrics</li><li>Explain the reason for clipping convex and concave seams</li><li>Discuss what will happen if curved seams are not clipped</li></ul>	<b>Grade 5 with differentiation first, second and third year:</b> The teacher demonstrates how to <ul style="list-style-type: none"><li>Lay out, pin and cut the pattern pieces</li></ul> <table><tr><td>Grade 5 1<sup>st</sup> year with diff.</td><td>Grade 5 2<sup>nd</sup> year with diff.</td><td>Grade 5 3<sup>rd</sup> year with diff.</td></tr><tr><td></td><td></td><td></td></tr><tr><td>ADDENDUM 23</td><td>ADDENDUM 24</td><td>ADDENDUM 25</td></tr></table>	Grade 5 1 <sup>st</sup> year with diff.	Grade 5 2 <sup>nd</sup> year with diff.	Grade 5 3 <sup>rd</sup> year with diff.				ADDENDUM 23	ADDENDUM 24	ADDENDUM 25
	Grade 5 1 <sup>st</sup> year with diff.		Grade 5 2 <sup>nd</sup> year with diff.	Grade 5 3 <sup>rd</sup> year with diff.								
												
ADDENDUM 23	ADDENDUM 24	ADDENDUM 25										
	Knitting		<b>Grade 5 with differentiation first year:</b> The teacher demonstrates how to: <ul style="list-style-type: none"><li>Pin two adjoining diamond fabric pieces either side with the points meeting in the middle</li><li>Machine stitch the pieces together and repeat with the remaining three star shapes</li><li>Press the seams open</li><li>Overlock the raw seam edges</li><li>Pin the front and back fabric pieces together</li></ul> Group 1 learners: <ul style="list-style-type: none"><li>Lay out, pin and cut the pattern pieces</li><li>Pin adjoining fabric pieces and machine stitch the pieces together</li><li>Press the seams open, overlock the raw seam edges and pin the front and back fabric pieces</li></ul>									

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes
			<p>together</p> <p><b>Grade 5 with differentiation second year:</b> The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Transfer pattern markings to fabric pieces</li> <li>• Applique the face panel on the front fabric piece</li> <li>• Applique the remaining details</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Lay out, pin and cut the pattern pieces</li> <li>• Transfer pattern markings to fabric pieces, applique the face panel on the front fabric piece and the remaining details</li> </ul> <p><b>Grade 5 with differentiation third year:</b> The teacher demonstrates how to</p> <ul style="list-style-type: none"> <li>• Transfer pattern markings to fabric pieces</li> <li>• Stitch the body and leave opening to stuff the body</li> <li>• Stitch the legs, tail and ears</li> <li>• Clip inside curves</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Lay out, pin and cut the pattern pieces and transfer pattern markings to fabric pieces</li> <li>• Stitch the body and leave opening to stuff the body</li> <li>• Stitch the legs, tail, ears and clip inside curves</li> </ul>

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes
			After 45 minutes the groups rotate in order to ensure that both groups sew as well as continue to knit.
6		<ul style="list-style-type: none"> <li>Revise how to stuff toys</li> <li>Revise the different types of fasteners</li> <li>Sew buttons to fabric</li> <li>Discuss the importance of ironing while constructing an article</li> </ul>	<p><b>Grade 5 with differentiation first year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Sew and snip into the inner points of the star shaped cushion</li> <li>Turn the right side out</li> <li>Stuff the cushion</li> <li>Hand stitch (overhand/whip stitch) the opening closed</li> <li>Secure a button in the centre of the cushion</li> </ul>  <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sew and snip into the inner points of the star shaped cushion, turn the right side out</li> <li>Stuff the cushion and hand stitch the opening closed</li> <li>Secure a button in the centre of the cushion</li> </ul> <p><b>Grade 5 with differentiation second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Sew the bunny's front fabric piece onto the back</li> <li>Stuff the bunny</li> <li>Hand stitch the opening with whip stitch</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Sew the bunny's front fabric piece onto the back, stuff the bunny and hand stitch the opening with whip stitch</li> </ul>

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes			
			<b>Grade 5 with differentiation third year:</b> The teacher demonstrates how to <ul style="list-style-type: none"><li>• Stuff the dog's body and hand stitch the opening closed</li><li>• Attach the tail, ears and legs</li><li>• Secure the eyes with whip stitch</li><li>• Stitch the nose by hand</li></ul> Group 1 learners: <ul style="list-style-type: none"><li>• Stuff the dog's body and hand stitch the opening closed</li><li>• Attach the tail, ears and legs, secure the eyes and stitch the nose by hand</li></ul> Group 2 learners: <ul style="list-style-type: none"><li>• Continue with their knitting</li></ul> After 45 minutes the groups rotate in order to ensure that both groups sew as well as continue to knit.			
7-8	Machine sewing  Knitting	<ul style="list-style-type: none"><li>• Identify correct overlocker tension</li><li>• Distinguish between upper and lower tension</li><li>• Identify reasons for incorrect overlocker tension</li><li>• Identify a zipper</li><li>• Identify different types of zippers</li><li>• Identify the sewing machine</li></ul>	<b>Grade 5 with differentiation first, second and third year:</b> The teacher demonstrates how to <ul style="list-style-type: none"><li>• to lay out, pin and cut the pattern pieces</li><li>• iron vilene onto the allocated pattern pieces</li><li>• Insert the zippers with a zipper foot</li><li>• Sew the side seams</li></ul> <table><tr><td>Grade 5 1<sup>st</sup> year with diff</td><td>Grade 5 2<sup>nd</sup> year with diff</td><td>Grade 5 3<sup>rd</sup> year with diff</td></tr></table>	Grade 5 1 <sup>st</sup> year with diff	Grade 5 2 <sup>nd</sup> year with diff	Grade 5 3 <sup>rd</sup> year with diff
Grade 5 1 <sup>st</sup> year with diff	Grade 5 2 <sup>nd</sup> year with diff	Grade 5 3 <sup>rd</sup> year with diff				

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes		
		foot to sew a zipper <ul style="list-style-type: none"> <li>Change the sewing machine needle to the correct position to sew a zipper</li> <li>Stitch a zipper with even width</li> <li>Practise to sew a zipper in place</li> <li>State the reason for using Vilene in sewing</li> <li>Choose a suitable type of Vilene for a specific article</li> </ul>			
			ADDENDUM 28	ADDENDUM 29	ADDENDUM 30
			<p><b>Group 1 learners:</b></p> <ul style="list-style-type: none"> <li>Insert a zipper on a sampler and file the sampler in their files</li> <li>Lay out, pin and cut the pattern pieces</li> <li>Iron vilene onto the allocated pattern pieces</li> <li>Insert the zippers with a zipper foot</li> <li>Sew the side seams</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>Continue with their knitting</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups sew as well as continue to knit.</p>		
9	Machine sewing	<ul style="list-style-type: none"> <li>Revision</li> </ul>	<p><b>Grade 5 with differentiation first, second and third year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Sew the side seams</li> </ul> <p><b>Grade 5 with differentiation first year:</b></p>		

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 3 Techniques, activities, resources and process notes
			<p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Finish the raw edges with bias binding</li> <li>• Package the completed article</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Sew the zipper case's side seams, finish the raw edges with bias binding and package the completed article</li> </ul> <p><b>Grade 5 with differentiation second and third year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Sew the side seams</li> <li>• Overlock the raw seam edges</li> <li>• Turn the right sides out</li> <li>• Package the completed article</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Sew, overlock the raw seam edges and turn the right sides out</li> <li>• Package the completed article</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>• Continue to knit their articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p>

WEEK	TOPIC	CONTENT	Grade 5 Term 3
		The learner must able to:	Techniques, activities, resources and process notes
10	Assessment		



### Grade 5 Term 3 Assessment

Assessment is formally recorded during four (4) practical sessions with a minimum of four (4) skills reported. Learners, regardless of abilities, shall be assessed on the same skill. The following serves as suggestion of skills to record and report on.










	Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
Week 2:	Sew a double hem	Distinguish between pattern pieces that look alike and sew according to pattern instructions	Pin and sew doll limbs' in correct position according to pattern instructions
Week 3:	Sew a bolster cushion according to pattern instructions	Sew a toy dolphin according to pattern instructions	Sew a toy doll according to pattern instructions
Week 4:	Press seams to flat position	Transfer pattern markings to fabric pieces	Transfer pattern markings onto fabric pieces
Week 5:	Overlock raw seam edges	Applique design details	Clip convex curved seams
Week 6:	Sew a star cushion according to pattern instructions	Sew a toy rabbit according to pattern instructions	Sew a toy dog according to pattern instructions
Week 7:	Iron Vilene onto fabric pieces	Set the iron to the correct setting to iron Vilene onto fabric pieces	Set the iron to the correct setting to iron Vilene onto fabric pieces
Week 8:	Use a zipper foot to sew a zipper	Change sewing machine feet with confidence	Insert a zipper neatly
Week 9:	Sew a purse with a zipper according to pattern instructions	Sew a toiletry bag with a zipper according to pattern instructions	Sew a small bag with a zipper according to pattern instructions

Four theoretical activities are assessed and recorded, however, a minimum of 1 theoretical activity is reported on. The following serves as suggestions of theoretical activities to report on.

	Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
Week 2:	Understand the terminology: soft furnishing	List a variety of soft toys to sew	Identify suitable fabric for cushions and soft toys
Week 3:	Identify different machine needle sizes	Identify different types of fasteners	List one suitable needlework example for each type of fastener




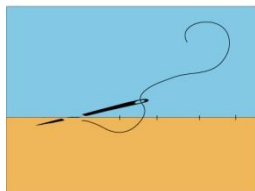
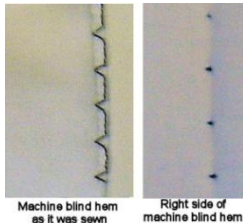




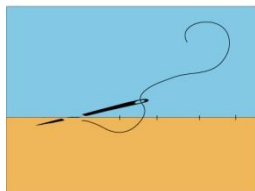
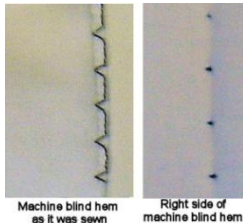




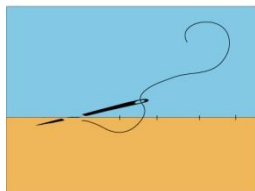
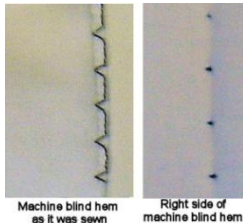

Week 4:	Explain the terminology: pile of fabric	Provide examples of suitable articles to make with fur and fleece	Explain the reason for clipping convex and concave seams
Week 5:	Provide a reason for not ironing pile fabrics	Provide a reason for using pile fabric to produce soft toys	Discuss what will happen when curved seams are not clipped
Week 6:	Name material suitable to stuff hand made toys	Name different types of fasteners	Describe how to sew a button on fabric
Week 7:	Identify a zipper	Distinguish between upper and lower overlocker tension	Identify reasons for incorrect overlocker tension
Week 8:	Identify the sewing machine foot to sew a zipper	Change the sewing machine needle to the correct position to sew a zipper	Identify different types of zippers
Week 9:	Identify different types of seam	Identify different hem types	Identify different types of fasteners

Grade 5 Term 4

Grade 5 Term 4												
WEEK	TOPIC	CONTENT The learner must able to:	Techniques, activities, resources and process notes									
1	Machine sewing	<ul style="list-style-type: none"><li>Identify different types of bags</li><li>Name fabrics that are suitable to produce bags</li></ul>	<p><b>Grade 5 with differentiation first, second and third year:</b></p> <p>The teacher:</p> <ul style="list-style-type: none"><li>Shows the learners examples of a variety of bags that are produced by sewing</li><li>Demonstrates how to measure the actual size of a bag and then how to add the seam allowances to the measurements</li><li>Demonstrates how to lay out and pin the commercial pattern on the fabric and cut the pattern pieces out</li></ul> <table><tr><td>Grade 5 1<sup>st</sup> year with diff.</td><td>Grade 5 2<sup>nd</sup> year with diff.</td><td>Grade 5 3<sup>rd</sup> year with diff.</td></tr><tr><td></td><td></td><td></td></tr><tr><td>ADDENDUM 33</td><td>ADDENDUM 34</td><td>ADDENDUM 35</td></tr></table>	Grade 5 1 <sup>st</sup> year with diff.	Grade 5 2 <sup>nd</sup> year with diff.	Grade 5 3 <sup>rd</sup> year with diff.				ADDENDUM 33	ADDENDUM 34	ADDENDUM 35
	Grade 5 1 <sup>st</sup> year with diff.	Grade 5 2 <sup>nd</sup> year with diff.	Grade 5 3 <sup>rd</sup> year with diff.									
												
ADDENDUM 33	ADDENDUM 34	ADDENDUM 35										
	Knitting		<p>Group 1 learners:</p> <ul style="list-style-type: none"><li>Lay out and pin the commercial pattern onto the fabric and cut the pattern pieces out</li></ul> <p>Group 2 learners:</p> <p>Continue to knit their articles</p>									

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 4 Techniques, activities, resources and process notes
			After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit
2-4	Machine sewing          Knitting	<ul style="list-style-type: none"> <li>List the factors to consider when deciding on the size of the bag</li> <li>List factors to consider when deciding on the fabric colour to make a bag</li> <li>Describe the steps to produce a bag</li> <li>Identify different techniques to attach handles to bags</li> <li>Describe the advantages of the different techniques</li> <li>Identify alternative materials to produce handles for bags</li> <li>Identify different fasteners that are suitable to close bags</li> <li>List the advantages of the different types of fasteners to close bags</li> <li>Discuss the function a lining serves in a bag</li> </ul>	<p><b>Grade 5 with differentiation first year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Pin and sew the handles onto the exterior panel</li> <li>Pin and sew the exterior front bottom fabric piece on the upper piece with right sides together</li> <li>Sew the exterior fabric pieces</li> <li>Pin and sew the corners</li> <li>Sew the lining</li> <li>Sew the lining to the exterior fabric</li> <li>Trim the corners</li> <li>Turn the right side out through the opening and sew it closed</li> <li>Press and topstitch around the top opening</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>Execute the steps demonstrated by the teacher</li> </ul> <p><b>Grade 5 with differentiation second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>Sew the handle</li> <li>Sew the front and back pattern pieces together</li> <li>Turn right side out and secure the handle to the bag</li> <li>Sew the flap and attach to the bag</li> <li>Sew the lining using the same method as for the bag</li> </ul>

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 4 Techniques, activities, resources and process notes
			<ul style="list-style-type: none"> <li>• Pin and sew the lining to the exterior fabric</li> <li>• Topstitch around the top of the bag</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Execute the steps demonstrated by the teacher</li> </ul> <p><b>Grade 5 with differentiation third year:</b>  <b>The teacher demonstrates how to:</b></p> <ul style="list-style-type: none"> <li>• Sew the handles</li> <li>• Sew the side panels</li> <li>• Sew bias binding to top of side panels</li> <li>• Attach the handles</li> <li>• Sew lining panel to exterior panel</li> <li>• Attach the side panels</li> <li>• Attach bias binding to side panels</li> <li>• Insert zipper into top panel</li> <li>• Top stitch top zipper panel</li> <li>• Sew bias binding to top edge</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Execute the steps demonstrated by the teacher</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups lay out their pattern as well as continue to knit</p>
5-6	Machine	<ul style="list-style-type: none"> <li>• Identify blind hem stitch by</li> </ul>	<b>Grade 5 with differentiation first, second and third year:</b>

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 4 Techniques, activities, resources and process notes															
	sewing  Knitting	<p>hand</p> <ul style="list-style-type: none"><li>List a number of suitable stitches to hem a garment</li><li>Sew blind hem stitch by hand</li><li>Provide the reasons why hem stitches should not be visible on the outside of the garment</li><li>Identify machine basting stitch</li><li>Sew machine basting stitch</li><li>Provide reasons for wearing clothes</li><li>Identify clothes that are suitable for: School Sport activities Leisure Events</li><li>Describe the reasons for school uniforms being the most suitable to wear to school</li></ul>	<p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"><li>lay out, pin and cut the pattern pieces</li><li>sew blind hem stitch by hand</li><li>gather fabric using machine basting stitch</li></ul> <table><tr><td>Grade 5 1<sup>st</sup> year with diff</td><td>Grade 5 2<sup>nd</sup> year with diff</td><td>Grade 5 3<sup>rd</sup> year with diff</td></tr><tr><td></td><td></td><td></td></tr><tr><td>ADDENDUM 38</td><td>ADDENDUM 39</td><td>ADDENDUM 40</td></tr></table> <table><tr><td>Blind hem stitch by hand <small>Using the Blind Stitch.</small></td><td>Sewing machine blind hem stitch</td><td>Machine basting stitch</td></tr><tr><td></td><td></td><td></td></tr></table>	Grade 5 1 <sup>st</sup> year with diff	Grade 5 2 <sup>nd</sup> year with diff	Grade 5 3 <sup>rd</sup> year with diff				ADDENDUM 38	ADDENDUM 39	ADDENDUM 40	Blind hem stitch by hand <small>Using the Blind Stitch.</small>	Sewing machine blind hem stitch	Machine basting stitch			
Grade 5 1 <sup>st</sup> year with diff	Grade 5 2 <sup>nd</sup> year with diff	Grade 5 3 <sup>rd</sup> year with diff																
																		
ADDENDUM 38	ADDENDUM 39	ADDENDUM 40																
Blind hem stitch by hand <small>Using the Blind Stitch.</small>	Sewing machine blind hem stitch	Machine basting stitch																
																		

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 4 Techniques, activities, resources and process notes
			<p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Sew a double hem sampler with hem stitch and file in sampler files</li> <li>• Gather fabric using machine basting stitch and make a sampler to file in sampler files</li> <li>• Sew a double hem sampler with hem stitch and file in sampler files</li> </ul> <p>Group 2 learners: Continue to knit the suggested articles</p> <p><b>Grade 5 with differentiation first year:</b> The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Sew the back seam and finish the raw edges with overlocking stitch</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Lay out, pin and cut the pattern pieces</li> <li>• Sew the back seam and finish the raw edges with overlocking stitch</li> </ul> <p><b>Grade 5 with differentiation second year:</b> The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Sew the front and back skirt panels together</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Lay out, pin and cut the pattern pieces</li> <li>• Sew the front and back skirt panels together</li> </ul>

WEEK	TOPIC	CONTENT The learner must able to:	Grade 5 Term 4 Techniques, activities, resources and process notes
			<p><b>Grade 5 with differentiation third year:</b></p> <p>The teacher demonstrates how to</p> <ul style="list-style-type: none"> <li>• Sew a casing for the elastic in the top panel</li> <li>• Use machine basting stitch and gather the center panel</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Lay out, pin and cut the pattern pieces</li> <li>• Sew a casing for the elastic in the top panel</li> <li>• Use machine basting stitch and gather the center panel</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups sew as well as continue to knit.</p>
7-9		<ul style="list-style-type: none"> <li>• Identify different types hand wash and machine wash washing powders</li> <li>• Sort clothes according to colour before washing</li> <li>• Explain the reasons for sorting clothes before washing</li> <li>• Use the correct technique to wash clothes by hand</li> <li>• Use the correct technique to hang clothes on the washing line</li> <li>• Load a washing machine</li> </ul>	<p><b>Grade 5 with differentiation first year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Attach the bias binding to the raw edge of the skirt fabric to produce a hem</li> <li>• Sew a casing to insert the elastic on the opposite side of the hem</li> <li>• Insert the elastic, sew the ends together and close the opening</li> <li>• Iron the completed skirt</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Execute the steps demonstrated by the teacher</li> </ul> <p><b>Grade 5 with differentiation second year:</b></p> <p>The teacher demonstrates how to:</p> <ul style="list-style-type: none"> <li>• Finish the raw seam edges with the overlocker</li> </ul>



WEEK	TOPIC	<b>CONTENT</b> The learner must able to:	<b>Grade 5 Term 4</b> <b>Techniques, activities, resources and process notes</b>
		<p>correctly</p> <ul style="list-style-type: none"> <li>• Explain the reasons for hanging clothes immediately after being washed</li> <li>• Describe the factors that influence the clothing choices of young adults</li> </ul>	<ul style="list-style-type: none"> <li>• Attach the waistband onto the skirt panels</li> <li>• Insert elastic in the waistband, sew the ends together and close the opening</li> <li>• Sew the hem with blind hem stitch</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Execute the steps demonstrated by the teacher</li> </ul> <p><b>Grade 5 with differentiation third year:</b></p> <p>The teacher demonstrates how to</p> <ul style="list-style-type: none"> <li>• Pull the threads and match the center and top skirt panel with right sides together</li> <li>• Gather the bottom panel in the same manner and attach the bottom panel and center panel with right sides together</li> <li>• Sew a double fold hem at the bottom and stitch</li> <li>• Insert the elastic and sew the elastic together</li> <li>• Stitch the opening closed</li> </ul> <p>Group 1 learners:</p> <ul style="list-style-type: none"> <li>• Execute the steps demonstrated by the teacher</li> </ul> <p>Group 2 learners:</p> <ul style="list-style-type: none"> <li>• Cast off knitted articles and sew seams</li> <li>• Package knitted articles</li> </ul> <p>After 45 minutes the groups rotate in order to ensure that both groups sew as well as continue to knit.</p>

WEEK	TOPIC	CONTENT	Grade 5 Term 4
		The learner must able to:	Techniques, activities, resources and process notes
10	Assessment		

### Grade 5 Term 4 Assessment

Assessment is formally recorded during four (4) practical sessions with a minimum of four (4) skills reported. Learners, regardless of abilities, shall be assessed on the same skill. The following serves as suggestion of skills to record and report on.

	Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
Week 2:	Lay out pattern pieces onto fabric	Pin pattern pieces onto fabric	Sew bias binding onto fabric panels
Week 3:	Sew handles onto fabric	Turn bag handles right side out	Insert zipper into fabric panel
Week 4:	Sew a bag with handles and insert	Sew a bag with handles and a flap to close bag	Sew a bag with handles, inserts and a zipper
Week 5:	Sew a double hem with blind hem stitch	Sew a double hem with blind hem stitch	Sew a casing to insert elastic in
Week 6:	Gather fabric using machine basting stitch	Sew front and back skirt panels together	Gather fabric using machine basting stitch
Week 7:	Sew bias binding to produce a skirt hem	Sew a skirt waistband onto fabric panels	Gather skirt panels using machine basting stitch
Week 8:	Iron a skirt	Insert elastic in a skirt waistband	Sew a double hem with blind hem stitch
Week 9:	Sew a simple skirt	Sew an A line skirt	Sew a skirt with 3 panels

Four theoretical activities are assessed and recorded, however, a minimum of 1 theoretical activity is reported on. The following serves as suggestions of theoretical activities to report on.

	Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
Week 2:	List the factors to consider when deciding on the size of the bag	List factors to consider when deciding on the fabric colour to make a bag	Describe the steps to produce a bag
Week 3:	Identify different techniques to attach handles to bags	Identify alternative materials to produce handles for bags	Describe the advantages of the different techniques to attach handles to bags
Week 4:	Identify different fasteners that are suitable to close bags	List the advantages of the different types of fasteners to close bags	Discuss the function a lining serves in a bag
Week 5:	Identify blind hem stitch by hand	List a number of suitable stitches to hem a garment	Provide the reasons why hem stitches should not be visible on the outside of the garment

Week 6:	Provide reasons for wearing clothes	Identify clothes that are suitable for: school, sport activities, leisure & events	Describe the reasons for school uniforms being the most suitable to wear to school
Week 7:	Identify different types hand wash and machine wash washing powders	Explain the reasons for sorting clothes before washing	Explain the reasons for hanging clothes immediately after being washed
Week 8:	Describe the technique to wash clothes by hand	Describe how to hang clothes on the washing line	Describe how to load a washing machine
Week 9:	Describe how culture influences clothing choices	Describe how family income influences clothing choices	Describe how peer preferences influences clothing choices

## SECTION 4 ASSESSMENT

The generic section will be inserted after the public comment changes have been made.

The following tables are the assessment tasks for Consumer Studies Needlework

TERM 1			
TASK		Grade 4 with differentiation first year	Grade 4 with differentiation second year
1	Week 2 & 3	Practise the correct posture in front of a sewing machine Identify tools and materials to knit	Names the parts of a sewing machine Cast on stitches to knit garter stitch
2	Week 4 & 5	Dust and clean the sewing machine Sew tacking stitch evenly  Sew a single straight seam on the sewing machine	Thread the sewing machine's upper thread correctly Thread the sewing machine's lower thread correctly Sew a single curved seam on the sewing machine
3	Week 6 & 7	Distinguish between the right and wrong side of fabric Pin pattern pieces perpendicular to seam line	Knit garter stitch with even tension Cut pattern pieces on cutting line
4	Week 8 & 9	Test fabric for crease resistance Sew cotton headband according to pattern instructions	Iron fabric safely Sew headband with stretch according to pattern instructions
TERM 2			
TASK		Grade 4 with differentiation first year	Grade 4 with differentiation second year
1	Week 2 & 3	Use backstitching in all seam sewing Plug and unplug an iron safely	Reduce bulkiness in seam corners Iron fabric safely
2	Week 4 & 5	Sew napkins according to pattern instructions Transfer the pattern markings	Sew pot holders according to pattern instructions finish raw seam edges with zig-zag stitch
3	Week 6 & 7	Trim excess fabric to reduce bulkiness Finish raw seam edges with zig-zag stitch	Cast off knitted articles Sew overhand/whip stitch evenly
4	Week 8 & 9	Turn the right side out and push corners out Sew a banner according to pattern instructions	Turn the right side out and push corners out Sew place mats according to pattern instructions
TERM 3			
TASK		Grade 4 with differentiation first year	Grade 4 with differentiation second year
1	Week 2	Sew a single curved seam on the	Sew a double hem

	& 3	sewing machine Sew a doorstopper according to pattern instructions	Sew a cushion according to pattern instructions
2	Week 4 & 5	lay out pattern pieces using minimum fabric Sew a straight double hem	Cut out pattern pieces on the seam line Sew an insert to a central fabric piece
3	Week 6 & 7	Sew a pillow case according to pattern instructions Fuse vilene on fabric pieces	Sew a cushion with an insert according to pattern instructions
4	Week 8 & 9	Stitch batting to fabric pieces Sew a card holder according to pattern instructions	Sew a makeup bag according to pattern instructions
TASK TERM 4			
		Grade 4 with differentiation first year	Grade 4 with differentiation second year
1	Week 2 & 3	Iron fabric before cutting the pattern Sew handles for a bag	Press the completed article Insert bag handles in seam
2	Week 4 & 5	Sew a bag according to pattern instructions Sew a waistband	Sew a bag with a base according to pattern instructions Sew a neckband for an apron
3	Week 6 & 7	Pin pattern pieces perpendicular to the seam line Attach a waistband to an apron	Cut pattern pieces on cutting line Attach a neckband to an apron
4	Week 8 & 9	Use backstitch to start sewing Sew a waist apron according to pattern instructions	Use backstitch to end off sewing Sew an apron with a bib according to pattern instructions

#### Grade 4 term 1 – 4: Theoretical assessment tasks

Evidence of one theoretical task of formal assessment between week 2 – 9 as in the annual teaching plan must be available for quality assurance.

#### Grade 5 Practical Assessment tasks

TASK		TERM 1		
		Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
1	Week 2 & 3	Identify 4 parts of an overlocker	Name 4 parts of an overlocker	Name 8 parts of an overlocker

		Use the correct posture in front of the overlocker	Use the correct posture in front of the overlocker and sewing machine	Identify posture mistakes of other learners in front of the overlocker and state how to rectify these
2	Week 4 & 5	Understand how to thread the overlocker Disable the overlocker cutter	Thread the overlocker with assistance Sew a French seam with the overlocker	Thread the overlocker independently Sew a roller hem with the overlocker
3	Week 6 & 7	Safely test for synthetic fabric Overlock a closed seam	Identify the right and wrong side of synthetic fabric Clip convex seams	Identify the right and wrong side of natural as well as synthetic fabric Sew closed seam and overlock raw edges
4	Week 8 & 9	Turn right sides out and top stitch on the edge of article Sew an infinity scarf according to pattern instructions	Clip concave seams Sew a baby bib according to pattern instructions	Follow pattern instructions to sew slippers Sew slipper according to pattern instructions
TASK		TERM 2		
		Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
1	Week 2 & 3	Transfer motive outlines onto Vilene Cut pattern pieces on quilted fabric	Iron Vilene onto fabric Quilt with the sewing machine with assistance	Arrange fabric and batting correctly before quilting with the sewing machine Quilt with the sewing machine
2	Week 4 & 5	Sew a potholder according to pattern instructions Lay out pattern on batting	Sew oven gloves according to pattern instructions Pin pattern on batting with pins perpendicular to seam line	Sew quilted oven gloves according to pattern instructions Transfer pattern markings on batting
3	Week 6 & 7	Secure the applique motives with magic tape on the background fabric Secure appliqué motifs with magic tape	Pin fabric layers and batting before sewing Cast off knitting	Pin darts Sew darts
4	Week 8 & 9	Sew satin stitch Package knitted article	Sew knitted articles side seams Choose suitable packaging	Insert elastic in lining Package needlework article

			material to package needlework article	
TASK	TERM 3			
		Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
1	Week 2 & 3	Sew a double hem Sew a bolster cushion according to pattern instructions	Distinguish between pattern pieces that look alike and sew according to pattern instructions Sew a toy dolphin according to pattern instructions	Pin and sew doll limbs' in correct position according to pattern instructions Sew a toy doll according to pattern instructions
2	Week 4 & 5	Press seams to flat position Overlock raw seam edges	Transfer pattern markings to fabric pieces Applique design details	Transfer pattern markings onto fabric pieces Clip convex curved seams
3	Week 6 & 7	Sew a star cushion according to pattern instructions Iron Vilene onto fabric pieces	Sew a toy rabbit according to pattern instructions Set the iron to the correct setting to iron Vilene onto fabric pieces	Sew a toy dog according to pattern instructions Set the iron to the correct setting to iron Vilene onto fabric pieces
4	Week 8:	Use a zipper foot to sew a zipper Sew a purse with a zipper according to pattern instructions	Change sewing machine feet with confidence Sew a toiletry bag with a zipper according to pattern instructions	Insert a zipper neatly Sew a small bag with a zipper according to pattern instructions
TASK	TERM 4			
		Grade 5 with differentiation first year	Grade 5 with differentiation second year	Grade 5 with differentiation third year
1	Week 2 & 3	Lay out pattern pieces onto fabric Sew handles onto fabric	Pin pattern pieces onto fabric Turn bag handles right side out	Sew bias binding onto fabric panels Insert zipper into fabric panel
2	Week 4 & 5	Sew a bag with handles and insert Sew a double hem with blind hem stitch	Sew a bag with handles and a flap to close bag Sew a double hem with blind hem stitch	Sew a bag with handles, inserts and a zipper Sew a casing to insert elastic in
3	Week 6 & 7	Gather fabric using machine basting stitch Sew bias binding to produce a skirt hem	Sew front and back skirt panels together Sew a skirt waistband onto fabric panels	Gather fabric using machine basting stitch Gather skirt panels using machine basting stitch
4	Week 8 & 9	Iron a skirt Sew a simple skirt	Insert elastic in a skirt waistband	Sew a double hem with blind hem stitch



			Sew an A line skirt	Sew a skirt with 3 panels
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Grade 5 term 1 – 4: Theoretical assessment tasks

Evidence of one theoretical task of formal assessment between week 2 – 9 as in the annual teaching plan must be available for quality assurance.

## SECTION 5

### ADDENDA